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Your essential daily news | WEEKEND, JUNE 26-28, 2015

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O O

OURNEY TO PIER 21 Visitors to the newly opened Canadian Immigration Hall check out an interactive multimedia display at Pier 21 on Thursday. The official re-opening

of the Halifax-based museum took place on Thursday following renovations totalling \$30 million. See story in metroNEWS. JEFF HARPER/METRO

Ridership skidding



Stephanie Taylor Metro | Halifax

The number of people who are choosing to travel the city by transit is slipping, according the latest round of statistics by Halifax Transit.

On Thursday, Dave Reage, manager of planning and scheduling with transit, presented an overview of the service's fourth quarter results, which included ridership, to the city's transportation standing committee.

Compared to 2012-13 when ridership figures showed transit was used more than five million times, the past two years have seen that rate decrease by several thousand, the report found.

Reage said the hike in transit fare over the past two years has accounted for an expected dip in passengers, but also that the service itself is still recovering from the labour dispute that occurred in 2011-12. But mainly, Reage attributed the slide to the past two brutal winters, which saw many bus routes and stops become inaccessible.



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Growlers tap into new market

BEER

Bishop's Cellar now selling larger jugs



Bishop's Cellar is taking its craft beer game to the next level.

The private liquor store on the waterfront is now offering growlers of local craft beer straight from the tap.

"We designed it to make sure that the beer — that the brewers spent all that time and hard work to make it great — comes out great in the growler," said Bishop's Cellar general manager Matt Rogers on Thursday.

The store has five taps with five different local beers, and a refrigerator behind them that keeps the beer cold from the kegs, through the hoses and out of the taps.



Propeller Brewery — Halifornia Common Ale

Garrison Brewery – Coast to Coastless, Hopping Mad

Good Robot Brewing

Crown on the Ground Steam

Tatamagouche Brewery — Butcher's Block Red

Five by Five Renovations — which also did work at Stillwell Bar and Edna — took the lead on the renovation, knocking out some of the store's champagne space and replacing it with the refrigerator.

Local company BeerTech came in to install the taps, which Rogers said are the first of their kind in Atlantic Canada, made specifically for filling growlers.

The store will be selling two growler sizes: 1 litre and 1.89



We've made an effort to have every beer produced in Nova Scotia on the shelf.

Matt Rogers

litres, for \$6 and \$8. Customers can also bring their own growlers in — as long as they're clean.

Rogers said he's also looking at selling plastic growlers for the boating crowd that might not want glass.

Depending on the type of beer, filling them will cost \$12 and up for the smaller bottle and \$20 and up for the larger one.

Rogers said his store's real specialty is wine, so he thought it was important to talk to local brewers about how to sell their products properly.

"We spent a lot of time talking with those guys making sure that we have the right equipment and making sure that we can do it right," he said.









Former Nova Scotia Communities, Culture, and Heritage minister Leonard Preyra snaps a photo of Annie Leibovitz's iconic photo illustration of the Blues Brothers, after an announcement at the Art Gallery of Nova Scotia in 2013. METRO FILE

Leibovitz opening still on the horizon

ART GALLERY OF N.S.

Organizers unsure of exact exhibit date



Anxiously waiting for a glimpse of that famous Annie Leibovitz photo of the Blues Brothers? Keep waiting.

Art Gallery of Nova Scotia interim CEO Lisa Bugden can't say when the exhibit will be finished, or if it will even come this year.

'That's something we're actively working on now: to understand what date works best," she said Thursday.

The collection compiles about 2,000 of Leibovitz' photos, and was donated to the Gallery by the Mintz family from Toronto in the spring of 2013.

So what's causing the delay? Bugden won't say exactly, but said selecting which of the 2,000 images will be displayed, fitting them in the proper frames, and whether or not the artist herself will be there for the opening, are all factors.

"It's all of those things," she

"As I learn more about the gallery and what happens behind the scenes here, it's a fascinating process and certainly not as

It is the single largest collection of works by this important international artist, so we're excited to develop and move forward.

Lisa Bugden

simple as some people might believe."

Bugden - who has taken on a six-month position as interim CEO at the Gallery — says the exhibit will be worth the wait,

and she's sure it will attract international attention.

"We know there's a lot of excitement and it will be a wonderful exhibit for the gallery and for Nova Scotia," she said.

"It's an incredibly comprehensive gift that really does present a better understanding of the artist and her process.'



The photos are in storage in the gallery's building now, as curators narrow down 2,000 images to the 80 to 100 that will be shown at the exhibit.

SONIC CONCERTS

Haligonians eat up the Bubble Guppies

Make that six Bubble Guppies shows for Halifax now.

Another two performances of the popular children's program have sold out at the Rebecca Cohn Auditorium, and Sonic Concerts has announced - yet again - another two new shows being added — this time taking place on Tuesday Nov. 24, at 3:30 and 6:30 p.m.

The first two shows announced for Sunday, Nov. 22, sold out in about an hour. About a week later, another two shows were announced for Monday, Nov. 23, and they have also sold out.

Bubble Guppies Live! will feature familiar characters such as Mr. Grouper, Molly and Gil, and continue to combine an educational aspect along with the entertainment.



Tickets are being sold through the Dalhousie Arts Centre box office. by phone at 902-494-3820, or online at sonicconcerts.com.

The show won't be limited to the stage, it will also span the entire theatre giving the children in the audience a chance to interact with the performers, according to a press release sent by Sonic Concerts.

Tickets for these latest shows go on sale Friday at noon and will cost \$26.50 in advance and \$31.50 day of show (including tax and service fees).



ROBBERY

Two charged in connection to backpack robbery

Halifax Regional Police have charged two men following a robbery on Tower Road late Wednesday night.

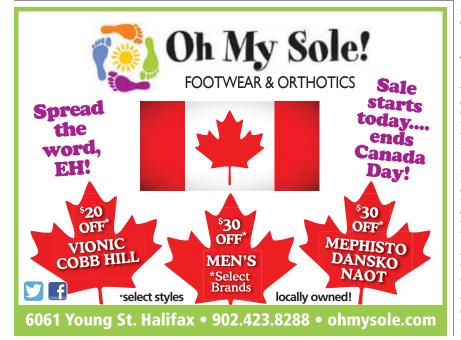
According to a release, a 22-year-old male victim was threatened by two men who claimed they had a weapon. The suspects then stole his backpack and fled the scene.

With the help of a police dog, police say they quickly arrested 18-yearold David Anthony Carey and held him in custody until his court appearance on Thursday.

On Thursday afternoon, officers arrested the second suspect, a 17-year-old male youth, outside of Halifax provincial court on Spring Garden Road.

Police say an officer recognized the 17-yearold as he left the courthouse and arrested him.

According to police, nobody was hurt in the robbery, and the victim's backpack was recovered.



Nova Scotia removes barriers to importing Canadian wines

Wine drinkers in Nova Scotia can now have their favourite Canadian vintages delivered to their homes for personal use without going through the provincial liquor corporation.

Diana Whalen, the cabinet minister responsible for the Liquor Control Act, says the change reflects the growth of the Canadian wine industry and demands from consumers who want to order wine directly from wineries across the country.

She says the new regulations were developed in consultation with the province's wine sector and other industry groups.

Under the new regulations, wine can be imported from another province if the winery that produced it is licensed and legally permitted to produce



New regulations allow wine to be imported from across Canada. ISTOCK

and sell wine.

At least 85 per cent of the wine in a bottle must also be

derived from fruits or other agricultural products grown in the province that produced it, and the remaining content must come from fruits or other agricultural products grown in

And the wine must be bought from the winery that produced

Nova Scotia is the third province to remove barriers on the importation of wine, joining British Columbia and Manitoba.

The government says the wine industry is worth \$6.8 billion a year to the Canadian economy and it expects to increase Nova Scotia's share of the market beyond its current 10 per cent by opening Nova Scotia's borders.

THE CANADIAN PRESS





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DEVELOPMENT CONVENTION CENTRE TO DRAW THOUSANDS, \$30M IN REVENUE Work continues on the Nova Centre on Thursday. Trade Centre Limited has announced that more than 24,500 visitors generating about \$30-million in "new money" are expected to come to Nova Scotia when the Halifax Convention Centre opens in 2017. So far, 30 organizations have committed to bringing national and international conferences to the future Nova Centre.

Success depends on youth: Report

Provincial growth hinges on addressing exodus of grads



Stephanie Taylor Metro | Halifax

The vice president and top economist of the Greater Halifax Partnership believes Nova Scotia could double its population growth if it could only balance its rate of youth-exodus with an equal influx of young

Fred Morley said Thursday that encouraging recent graduates to stay in Halifax continues to be a weakness for the city, and is discussed as one of the top issues in the organization's fourth annual economic report.

"Halifax is doing really well across all of the areas of economic progress," Morley said of the new report — Halifax Index 2015 — which focuses upon the achievements and recommended improvements in areas from the labour force to affordability, density and the

environment.

Cranes in the sky and the cutting of steel at the Irving Shipyard are just some of many signs that the city is teeming with economic activity, Morley said Thursday.

In fact, he says, this is one of the better years for the city, citing the opening of the new central library as a key builder to social capital that is raising the city's profile, not to mention its residents' sense of community.

But creating residents out of the thousands of young people who come to study at one of the city's many universities each year remains a challenge that rests on the shoulders of governments, private businesses and educational institutions to find solutions, Morley explained.

"There's fiscal and economic benefit to youth retention, it's just not an 'Oh, isn't that a nice thing to do."

The public cost of out-migration for each person in their 20s who leaves is nearly a \$35,000 loss to the province on average and amounts to \$80,000 for each person with a university degree who leaves, the report says.

According to Morley, if the



There's roles and work for everyone to do.

Fred Morley, VP at Halifax Partnership

province managed to retain the 1,300 people who leave per year on average, it could pull in another \$50 million in revenue.

Incentivizing companies to hire new graduates, as well as expanding existing co-operative and apprenticeship programs, are just a few of the steps in the right direction he believes should happen.



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City looks at free transit for Access-A-Bus users

User at committee meeting calls it a 'no-brainer'



City staff are considering new initiatives to reduce the cost of the municipality's Access-A-Bus service by partnering with the accessible taxi industry, as well as wiping away transit fees for registered users entirely.

Both ideas were brought forward by Gerry Post, himself a wheelchair user, who calls the rationale behind supplementing the city's fleet of Access-A-Buses with accessible taxis a "no brainer.

On average, the Access-A-Bus service costs the city around \$34 a trip and re-



The Halifax Transit logo. JEFF HARPER/METRO

quires users to book the service nearly a week in ad-

Compare that to \$17 he says the same trip would cost in one of the city's 48 accessible taxis and HRM could offer "double the rides with the same budget.'

On Thursday, the transpor-

tation standing committee voted to have a staff report explore the feasibility of such a partnership.

But, to offset those costs even further, Coun. Waye Mason tabled a motion for another staff report to be done on the possibility of offering free transit rides to

registered Access-A-Bus users, which Thursday's committee approved.

A lot of people in wheelchairs are nervous to use the conventional service, Post said.

He added that he wants to see a new "buddy ambassador" program piloted, which would pair volunteers with wheelchair users to help more people feel comfortable using regular transit buses and not to depend on a Access-A-Bus or taxi service.

"The whole thing makes a lot of business sense. It's going to reduce cost tremendously," Post said.

More work needed to address construction

The city needs to step up and lessen the impacts construction has on small businesses in downtown otherwise the livelihood of the urban core will remain precarious, says the province's director of the Canadian Federation of Independent Business.

Nick Langley says it's common practice in other cities to have construction mitigation strategies in place to protect existing businesses from the disruption of construction projects — be it noise, dirt or street closures — but Halifax has none.

"Everybody wants to see improvements in the downtown," he said outside city hall chambers Thursday.

"But it's trying to survive during the construction process,' which he says is a challenge many restaurants and retailers in the city's downtown currently face.

On Thursday, the city's transportation standing committee voted in favour of a motion tabled by Coun. Waye Mason to have city staff explore a series of construction mitigation strategies in new reports.

"We just don't have standards in place that you need to have to protect your downtown," Mason said afterwards.

He asked for staff to examine the feasibility of requiring new developments to be boxed-in by a plywood perimeter, rather than surrounded by a chain link fence, to better protect against noise and debris.

Mason also voiced the need for new rules around the cleanup of streets near construction zones, as well as requirements to build accessible temporary sidewalks where street infrastructure has been removed. STEPHANIE TAYLOR/METRO



"We just don't have standards in place that you need to have to protect your downtown."

Coun. Waye Mason





Energy Minister Michel Samson says decommissioning the Sable Offshore project will be deductible from provincial royalties. METRO FILE

N.S. to pay for Sable shutdown

ENERGY

Cost of ending project means deductions from royalties

As one of the world's largest oil and gas firms begins planning to decommission the Sable Offshore Energy Project, Nova Scotia's energy minister said the province is preparing to foot the bill.

Energy Minister Michel Samson said Thursday the cost of decommissioning the Exxon-Mobil offshore natural gas wells will be deductible from royalties that Nova Scotia receives.

"Over the last number of years the province has been setting aside some of the royalty revenue on the basis that if there is decommissioning those costs can be charged back against the province," he told reporters.

An ExxonMobil Canada spokesman said the firm is developing a timetable over the next year to decommission the wells off Sable Island.

Merle MacIsaac says the firm plans to seek expressions of interest over the next year for the project.

The plugging and abandoning of the wells could begin as early as 2017, he added.

Other decommissioning work involves removing production facilities, which re-



Energy Minister Michel Samson said the province remains hopeful a new operator can be found to keep some of the fields going

quires the use of heavy-lift vessels and an onshore site. The company is considering sites both in Point Tupper, and outside the province for the onshore work, said MacIsaac.

The project development plan originally envisioned the Sable project, which started in 1999, would last for 25 years.

However, MacIsaac said that natural gas reservoirs have been in a period of gradual decline since the last production well was drilled in 2010.

The company has already said it has sought interest from other companies in developing satellite fields in the Sable project.

"We've made a number of efforts in recent years to market those and have been open to providing access to our infrastructure on a commercial basis," said MacIsaac.

"To date we haven't been successful but we do remain open to discussions on that topic."

He said in the meantime the company has put in place the plan for decommissioning and has to move ahead with it.

THE CANADIAN PRESS

ABERCROMBIE POINT

Northern Pulp mill allowed to restart after installing emissions equipment

Northern Pulp has received the Nova Scotia government's approval for a key piece of equipment that will allow the mill to resume operations.

The province issued a legally binding order last August directing the paper mill in Abercrombie Point to replace its precipitator and get its emissions in line.

The plant shut down on May

30 to complete the installation of the precipitator.

The government says the equipment is expected to reduce emissions at the mill, which were above legal limits last year.

Environment Minister Randy Delorey told reporters Thursday it will take some time to fine tune the equipment, but he expects it will soon start reducing emissions.

"My understanding from ... the technical team is that we should expect to see the improvement right away, but with any large and complicated piece of equipment like this there is no absolute guarantees," he said.

"But certainly the expectation is to see some improvement right out of the gate." The province says the new equipment will now go through a commissioning phase as it's fine-tuned and that should be finished by Oct. 16.

After that, the mill must comply with a new emissions limit set last year, which is almost 80 per cent lower than the old standard.

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Jade Peek, vice-president external of the Student Union of Nova Scotia College of Art and Design, speaks outside NSCAD Thursday during a rally to protest recent staff layoffs. HALEY RYAN/METRO

Protesters call layoffs 'shameful'

LABOUR

Support staff, janitors axed at NSCAD



Haley Ryan Metro | Halifax

Layoffs to administrative staff and custodians at NSCAD University are "shameful," hurting both students and the school itself, says a student union rep.

On Thursday afternoon, more than 30 people marched along the sidewalk, waving signs and flags outside the art school's Fountain Campus, in protest of layoffs to seven administrative professionals and nine custodians.

"The administration decided to cut the front-line staff and no, they're not the backbone, they are the whole skeletal structure of this university," Jade Peek, vice-president external of the Student Union of Nova Scotia College of Art and



It's a huge blow to the university.

Alvin Comiter, president of the Faculty Union of Nova Scotia College of Art and Design

Design, told the crowd.

The administration has said they need to make these cuts to protect the long-term sustainability of NSCAD, Peek said, but the layoffs also rob students of staff they trusted and could go to with any issues.

Many of the workers had been with the school for more

than 20 years, Peek said, and were laid off last Wednesday.

'To have the audacity to make security go and escort our workers out of the building, who poured their hearts and souls into that institution, is shameful," Peek said amid cheers from the crowd.

Alvin Comiter, president

of the Faculty Union of Nova Scotia College of Art and Design, said the school will be outsourcing janitorial work now that the union positions are cut.

Comiter said of those who were laid off, some have taken a severance, while there may be two or three jobs NSCAD says those who were let go could apply for.

One of the jobs seems to be the work of five of those people combined, so it's not clear how they're going to rationalize the restructuring," he said.

Christina Warren, president of the Nova Scotia Government and General Employees Union Local 82 who represent the NSCAD workers, joined hands with Peek and Comiter while saying it's important to stand together and fight for proper government funding for postsecondary schools.

"We are grieving right now for the members we have lost but we will continue to fight to make sure our students have access to education," Warren said.

WASTE COLLECTION NOTICE GARBAGE/ORGANICS/RECYCLABLES

Canada Day

Please be advised that there will be no garbage, organics or recyclables collection services on Canada Day, Wednesday, July 1st, 2015. Collection services for that day will be provided the following Saturday, July 4th, 2015.

Collection Services can begin as early as 7am. To ensure collection please place materials curbside the evening prior to collection day.



WEEKLY GREEN CART COLLECTION JULY - AUGUST

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metr® **NEWS** Halifax WEEKEND, June 26-28, 2015

HALIFAX STOPOVER DESPERATELY SEEKING SIGNAL Workers aboard Holland America's Veendam come on deck during a break to catch a cell signal during a stop in Halifax on Thursday.

JEEF HARPER/METRO

Dalhousie asks for tuition hike

HIGHER EDUCATION

'Reset' would align fees at university's two campuses



Haley Ryan Metro|Halifax

Dalhousie University's student union says they're disappointed to hear of requests for a tuition "reset" being made from the Halifax school.

On Thursday, the Dalhousie Student Union said they had learned from provost Carolyn Watters during a board of governors meeting Tuesday that Dalhousie submitted a government request to raise tuition fees for engineering, pharmacy and agriculture.

According to a student union release, the reset would

be more than \$1,000 a year to align tuition fees at Truro's Agricultural Campus with those at the Halifax campus.

"Students will be hit hard by these extreme increases," John Hutton, vice-president academic for the Dalhousie Student Union, said in the release.

"The Liberal government allowed for a tuition fee free-forall, and that's exactly what's happening."

The student union says agriculture students would see an increase of more than \$1,400 under the reset, since the average tuition at Dalhousie in Halifax is \$8,457, compared to \$7,020 in Truro.



Students will be hit hard by these extreme increases.

John Hutton

\$8,457

Agriculture tuition at Halifax, compared to \$7,020 in Truro.

Brian Leadbetter, Dalhousie spokesman, said in an email Thursday no decisions have been made on tuition fees for programs for 2016-17 or beyond.

He said the school has indicated to the government "at their request" that it will examine a reset for certain programs including engineering, pharmacy and agriculture to determine if such a reset would be appropriate.

Leadbetter said any potential fee increase would be considered through Dalhousie's internal processes, which includes regular student consultation.

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Historical immigration gateway gets \$30M facelift

CANADIANA

Pier 21 museum doubles in size with expansion

Hillary Windsor Metro | Halifax

Canada's gateway for nearly one million immigrants throughout the 20th century now has something more to offer culturally curious citizens of the world.

On Thursday morning, dozens of dignitaries celebrated the re-opening of Pier 21's Rudolph P. Bratty Hall, as well as the unveiling of the new Canadian Immigration Hall — marking the completion of the Canadian Museum of Immigration's \$30-million expansion.

The two state-of-the-art permanent exhibits include immigrant artifacts, digital timelines and interactive activities surrounding the museum's central themes — journey, arrival, belonging and impact.

Canadian Museum of Immigration CEO Marie Chapman said the renovations allow visitors to walk in the footsteps of their ancestors.

"This journey never ends," she said. "Immigration will always be important to the future of Canada."

Julian Fantino, Associate Min-



Gospel singer Linda Carvery performs on Thursday during the official re-opening ceremony at Pier 21. JEFF HARPER/METRO

ister of National Defence, immigrated to Canada from Italy when he was 10 years old. He said the grand reopening of the museum is a celebration for all Canadians.

"I arrived from Italy with my mother and brother right here at Pier 21 to come join my father 62 years ago," he said. "This means a great deal to Canadians. Not just in Halifax and Nova Scotia, but elsewhere in the country, from coast to coast." Book of Negroes author Lawrence Hill — whose parents are both immigrants from the United States — echoed Fantino's sentiment and said Pier



The story of Canada, simply put, is one of immigration.

Justice Minister Peter MacKay

21 played an integral role in the shaping of our country for many years.

"Between its opening in 1928 and its closing in 1971, almost 1.3 million immigrants passed through this gateway," he said.

"Today, we're celebrating its \$30-million expansion."

The grand re-opening ceremony also featured musical performances from world-renowned acts, as well as a free tour of the museum for the duration of the day.

Pier 21 is Canada's last remaining ocean immigration terminal, and, along with being the landing point for hundreds of thousands of immigrants, it was also the departure point for half-a-million Canadian military members during the Second World War.

The Canadian Museum of Immigration originally opened in 2011 and is Atlantic Canada's only national museum.

The museum will be free to the public during Multicultural Fair celebrations on July 1.

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Visitors to Pier 21 in Halifax check out the new Canadian Immigration Hall on Thursday.

More to explore at Pier 21 museum

DIED 2

New, renovated displays offer more engaging experiences

Hillary Windsor For Metro | Halifax

Rudolph P. Bratty Hall

This newly renovated hall provides a glimpse into the lives of past immigrants and focuses on the journey they had to embark on to get here.

- Discover untold stories: Explore an archive of artifacts and photos of the newcomers who entered Canada through Pier 21's gates.
- Travel through time: Hop on board a replica ship and check out the cabin, or imagine you're westward bound on a colonist railcar.
- Explore history: Unearth the eccentric items brought to Canada in the mid-1900s



The new-look Pier 21.

JEFF HARPER/METRO

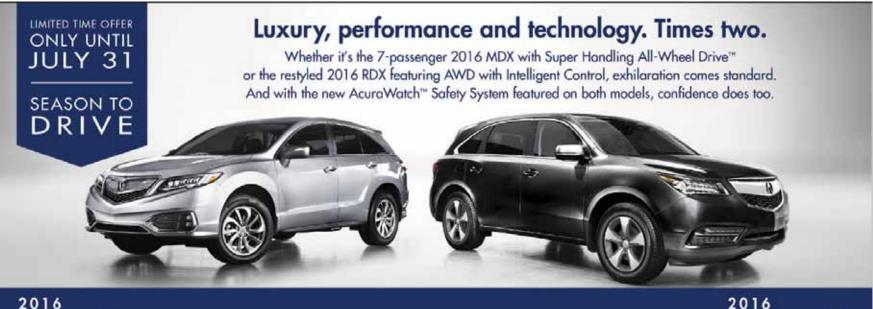
as you peer inside a large wooden crate (in Dutch, a "kist").

- Set sail across the Atlantic: Pack your trunk and take an interactive Customs Challenge to see what valuables you can take and what you'll have to leave behind.
- Play dress-up: Step into the shoes of one of your ancestors with costumes of yore.
- Peek inside the past: See what it was like to immigrate as a child and look into children's luggage trunks scattered throughout the hall.

Canadian Immigration Hall

This brand-new permanent exhibit explores the contributions of immigrants from the past all the way to present day, and highlights how their experiences continue to shape our country.

- Overload your senses: Experience how different waves of immigration have influenced what we see, smell, taste and listen to on a daily basis
- Trace the trends: See how migration trends have changed over the years through a huge multimedia map.
- Be a poster child: Pose for a photo and insert your face into a cross-country mosaic.
- Hear their stories: Browse a collection of oral histories from immigrants and learn what they experienced.
- Have your say: Say what you feel about Canadian identity with the digital "Belonging Quilt."
 Get testy: Go up against
- Get testy: Go up against yourself in a citizenship test and get your results afterwards.



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MV Farley Mowat reaches the end

Sinking vessel forces evacuation of terminal

Once the proud flagship of the controversial Sea Shepherd Conservation Society, the former MV Farley Mowat is now lying on the bottom of Shelburne Harbour.

The remains of the vessel were towed into Shelburne last fall after being forced from its former berth in Lunenburg. It had languished at the wharf since.

Ön Wednesday Shelburne firefighters were called out after the stern of the ship began slipping under water. Firefighters refused to board the vessel due to safety concerns. Shortly after, people were asked to leave the . Shelburne Marine Terminal and boats were moved over safety concerns.

The vessel slipped beneath the water and rolled partially on to its side around 1 a.m.



The remains of the MV Farley Mowat sank beside the Shelburne Wharf early Thursday morning. SHELBURNE COAST GUARD



In 2002, it was renamed after Canadian writer Farley Mowat and used to monitor what the society called the unethical and barbaric killing of seals.

Thursday.

Concerns over pollutants saw Canadian Coast Guard and Environment Canada officers arrive at the Shelburne Wharf shortly after the sinking.

The vessel has since been surrounded with a containment boom to corral pollutants leaking from the ship. There were reports of an oil sheen on the water and a Canadian Coast Guard aircraft spent part of the morning buzzing the coastline in Shelburne Harbour to determine the extent of the problem.

The ship was towed into the wharf last fall under the cloak of darkness. The port manager was told that one of its two tugs was in mechanical distress and a safe port was needed right away. SHELBURNE COAST GUARD



OPEN HOUSE: SAT & SUN 1-4

royalparkswestbedford.com

Killer's appeal denied

Man argued he was not fit for trial due to amnesia

Nova Scotia's highest court has dismissed an appeal from a man convicted of fatally shooting his wife in 2010, about four weeks after she moved in with another man.

The ruling from the Nova Scotia Court of Appeal says the trial judge did not err in his interpretation of the Criminal Code requirements for fitness to stand trial in the case of Wayne Paul Eisnor.

In September 2013, a Nova Scotia Supreme Court jury convicted Eisnor of first-degree murder. He was sentenced to life in

prison with no chance of parole for 25 years.

Court heard Eisnor shot and killed Tina Eisnor in the parking lot of a grocery store in New Germany on June 30, 2010, before turning the gun on himself and firing a bullet into his brain.

The trial judge had earlier ruled Eisnor was fit to stand trial despite some amnesia caused by the gunshot wound. THE CANADIAN PRESS



The appeal court also dismissed Eisnor's complaint that the judge erred in permitting the jury to hear statements attributed to the victim by a number of witnesses, saying there are exceptions to barring hearsay evidence.



A judge has ruled against the appeal of a man convicted of shooting and killing his wife. STOCK IMAGE

TRAFFIC STOP

Teens found with drug, baton: Police

Halifax police have charged five teens with weapon and drug possession after a traffic stop Wednesday night.

Officers conducted the traffic stop on Windsor Street around 10:40 p.m. after they learned one of the boys in the car had a warrant for his arrest, police say.

The 17-year-old, who bolted from the vehicle and was arrested shortly after, was found to be in possession of marijuana, police allege.

They also report that officers

can of sensory irritant.

Police say the teen was held in custody overnight and is set to appear in Halifax provincial youth court on Thursday, facing charges of possession of a weapon dangerous to the public, possession of a prohibited weapon and possession of a controlled substance.

Three 16-year-olds and a 17-year-old boy also face charges of possession of a weapon dangerous to the public and possession of a prohibited weapon. METRO

a collapsible baton as well as a

searched the vehicle and found

Moose Sex Project gets help from U.S.

The Nature Conservancy of Canada says it's closing in on two new properties for Nova Scotia that will help grow a wilderness corridor connecting to New Brunswick.

The land is on the Chignecto Isthmus on the Northumberland Strait and totals 176 acres.

According to a release, the land, which the Open Space Institute of New York is giving \$26,000 toward, is an important corridor for many wildlife species in the province, including the bobcat, bear and endangered Canada lynx and moose.

The land will become theirs if the conservancy can find another \$20,000 by July 31.

"The strategic land conservation effort consolidates and builds a wilderness corridor for large mammals," says a release, noting that it is also part of what the conservancy has dubbed The Moose Sex Project.





😑 BLAZE

Chinese restaurant catches fire once again

For the second time in nearly six years, the Double Dragon has been scorched.

The New Minas Fire Department was paged to a fire in the attic space of the Commercial Street restaurant around 10 p.m. Wednesday, Chief James Redmond said.

"When we arrived, there was smoke extending from roof vents. The fire area was hidden.... With the help of a

thermal-imaging camera, the fire was detected in the area of origin," said Redmond.

Firefighters worked to quickly open up the ceiling and extinguish the flames before the fire could claim the new Double Dragon restaurant, which replaced the building that burned to the ground in 2009.

"The previous one had about three roofs, one on top of another on top of another. It was difficult to get at," he said. KING'S COUNTY REGISTER

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Canada | **metr**NEWS **16** WEEKEND, June 26-28, 2015

HarperPAC 'matter of self-preservation'

It's hardly a surprise to see political organizers on the right side of the political spectrum pushing back against unionfinanced third-party groups on the left, says a former adviser to Prime Minister Stephen Harper.

Tom Flanagan, a retired University of Calgary political science professor, said he's hopeful that HarperPAC, the newest entry, will help to offset the pre-writ advertising efforts of its left-leaning counterparts.

"I think it is a matter of selfpreservation for the Conservatives to be able to fight back," Flanagan said in a phone interview Wednesday.

of a team of Conservatives, launched earlier this week with an appeal for help from politically minded Canadians who support Conservative values.

Former chief electoral officer Jean-Pierre Kingsley fears Canada is going down a path similar to the U.S., where political action committees, or PACs, raise untold amounts of money to influence political outcomes.

Flanagan said he doesn't believe that PACs in Canada will ever reach the scales they have in the U.S.

Their Canadian counterparts 'aren't going to get big bucks,' he said.

Disgraced former Conservative politician Dean Del Mastro, 44, accompanied by his wife Kelly, speaks to reporters outside court in Peterborough, Ont., on Thursday. SEAN KILPATRICK/THE CANADIAN PRESS HarperPAC, the brainchild THE CANADIAN PRESS

Ex-Tory MP jailed for campaign fraud

ELECTION LAW

Del Mastro to serve month in jail, can't run for office

A former member of Parliament who spoke for Prime Minister Stephen Harper when it came to electoral-fraud allegations was sentenced Thursday to one month in jail and barred from running for office for five years for cheating during an

election campaign. Dean Del Mastro deliberately broke spending rules then tried to cover up his crime, said Superior Court Justice Lisa Cameron, who ruled that incarceration was appropriate for the first-time offender.

"He was prepared not only to break the rules but to be deceitful about it," Cameron said.

"This type of cheating and lying will result in serious sanc-

Cameron convicted the former Conservative MP for Peterborough last fall of violating

This type of cheating ... will result in serious sanctions.

Justice Lisa Cameron

the Canada Elections Act during the 2008 federal election.

She found he had knowingly exceeded spending limits, failed to report a personal contribution of \$21,000 to his

campaign, and submitted a falsified document.

Del Mastro, 44, has already filed an appeal of the conviction and was to apply for bail at a hearing Friday.

He was led away after the sentencing for processing before being taken to a jail in nearby Lindsay.

Once Harper's point man defending the Tories against allegations of electoral fraud, Del Mastro has maintained his innocence and once called the verdict the judge's opinion. THE CANADIAN PRESS

INTERNATIONAL TRADE

We must join dairy, poultry deal: PM

Prime Minister Stephen Harper says Canada will defend its supply management system for dairy and poultry while still pursuing one of the biggest trade deals in history.

Harper made the comments after a government spokesman denied a report suggesting the Trans-Pacific Partnership could destabilize the system that governs how dairy products and poultry are sold in Canada.

"I believe these negotiations are going to establish what will become the basis of the international trading network in the Asia Pacific. It is essential in my view that Canada be part of that," the prime minister told a news conference Thursday. "At the same time, we are

working to protect our system of supply management and our farmers in other sectors.' A Globe and Mail report

quoted unidentified officials as saying Harper is resolved to sign the TPP even if it means a surge in imports of duty-free poultry and dairy products. American negotiators want

to pry open the tightly controlled Canadian dairy system that offers protection for the domestic industry, but results in higher prices at the grocery store and fewer foreign offerings.

THE CANADIAN PRESS





ESTONIA: Club Piruett

FRANCE: Paris Police Gymnastics Team and Motorcycle Team GERMANY: Heeresmusikkorps Ulm, Gym Wheel Team

Taunusstein, Bicycle Team

NORWAY: His Majesty the King's Guard Band and Drill Team. OMAN: The Royal Army of Oman Pipes and Drums

SWEDEN: Home Guard Band of Eslov

UNITED STATES: Middlesex County Volunteers Fifes & Drums, Fellswater Celtic Ensemble

INTERNATIONAL: North American Brass Band Summer School Musicians

CANADA: Canadian Armed Forces Musicians, Pipes and Drums, RCN Guard, Atlantic Region Cadets, RCMP National Ceremonial Troop, Nova Scotia Irish Dancers, Highland Dancers, Halifax Cheer Elite, Adult Choir, Children's Chorus, Featured Soloists

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A photo of a letter a Victoria man wrote asking for funds raised for him to go to charity instead. COURTESY WEST SHORE RCMP

Homeless man turns down \$5K

VICTORIA, B.C.

Donations raised after he turned in \$2K



Thandi Fletcher Metro | Vancouver

A homeless man who captured the hearts of thousands when he found more than \$2,000 on a suburban street in Victoria and turned it into police says he won't accept thousands of dollars raised in his name.

The Good Samaritan, who police said doesn't want to be identified, said he wants the nearly \$5,000 in donations collected for him from people across Canada to instead go toward others in need. His only wish is to get help finding a job, police said.

Const. Alex Bérubé of West Shore RCMP, who took a special interest in the case, said he spent hours tracking down the man to tell him about the community fundraising effort underway to help support him.

"It's not easy tracking down a person of no fixed address and no phone," Bérubé said in a news release. "But I kept trying because I needed to tell him about how the community had rallied together to help him."

When he finally found him, Bérubé said he was surprised to hear the man ask for the funds to be donated to Our Place, a local community centre that helps the most vulnerable, and other food service providers for people in need.

Police asked the man to think about his decision overnight but when he returned to the detachment the next day, he stuck to his original request and put it in writing

and put it in writing.

The mystery man first made headlines last week when police praised him for his honesty for turning in the large sum of cash he found stuffed in a suitcase on a street in the Victoria suburb of Langford because it was the "right thing to do."

Mike Kelly, founder of the media website Victoria Buzz, who was moved by the man's selflessness and started the fundraising effort, said he will ensure the funds are donated to Our Place and other appropriate groups and is spearheading efforts to help find the man work.

"I'm going to do everything I can to help find him a job that fits his personal situation, and will hopefully move him closer to overcoming his current challenges."

WITH FILES FROM THE CANADIAN PRESS

IN BRIEF

Vancouver police board to hear complaint about pot dispensaries' enforcement

The Vancouver Police Board will formally consider a complaint alleging its police department is failing to enforce the law against medical marijuana dispensaries.

The board sent a letter to Pamela McColl, the executive

director of Smart Approaches to Marijuana Canada, confirming it will hear her complaint at a Sept. 17 meeting.

McColl claims police have failed to uphold Canada's drug laws and allowed the illegal pot shops to flourish, profit from crime and threaten public safety.

THE CANADIAN PRESS

CAMPAIGN

GoHere: For those who've really gotta go

If you have Crohn's disease or colitis, when you've got to go to the bathroom, you've really got to go.

For people with one of these two related diseases, that panic-inducing urgency can hit as many as 20 times a day, making finding the nearest unlocked washroom their No. 1 priority.

A new campaign spearheaded by Crohn's and Colitis Canada aims to open up doors that are often locked or off-limits to all but customers of a restaurant, or the tenants of an office building. The campaign, directed at business owners and munici-

palities, is aptly called GoHere. Jennifer Wakeford is an event planner in Calgary who has been living with Crohn's for 12 years. She knows firsthand how badly needed this program is.

"Unlike your average individual, there's no notice... I don't have a lot of time to pick a place to go or go somewhere where I'm comfortable. Oftentimes I just need to find the closest washroom," explains Wakeford, 33.

That can involve pleading with businesses to let her have access. The fact that people with Crohn's and colitis don't look sick can add to the awkwardness.

"I have to explain myself... Begging is not necessarily the right term. But you have to overshare in order to gain access," Wakeford says.

Canada has the highest rate of people with Crohn's and colitis in the world; it's estimated a quarter-million Canadians live with one of these conditions

"This is such an important thing for us to do," Mina Mawani, president and CEO of Crohn's and Colitis Canada, says of the GoHere program.

Mawani was in Calgary on Thursday to launch the campaign with Mayor Naheed Nenshi, who announced municipal buildings will take part.

Work is underway to expand the program to the Ontario cities of Barrie, Mississauga and Ottawa. THE CANADIAN PRESS



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18 WEEKEND, June 26-28, 2015 **World | metr** • NEWS

Bootleg booze and pork amid Saudi revelations

WIKILEAKS

Leaks include the passport number of Hillary Clinton

WikiLeaks' publication of more than 60,000 Saudi documents has set pens racing across the Middle East with disclosures about the secretive Arab monarchy's foreign affairs. But lost amid the torrent of revelations are offbeat memos showing the underbelly of Riyadh's diplomacy, including candid accounts of booze runs and pork smuggling.

Among the revelations you may have missed:

It's illegal to drink, sell or possess alcohol in Saudi Arabia, which follows an ultraconservative interpretation of Islamic law, but foreign embassy staffers took advantage of their diplomatic immunity to go on liquor runs to neighbouring Bahrain, where the sale of alcohol is legal. Memos published by WikiLeaks describe their unsuccessful attempts to sneak the booze into the kingdom in amusing detail.

On Jan. 18, 2013, Saudi customs officials stopped a Mexican diplomat driving back from Bahrain with "several big suitcases" in his car trunk containing no fewer than 102 bottles of whisky and 48 cans of beer, according to one undated memo. On Feb. 2, 2012 an Azeri diplomat was stopped at customs with 28 bottles of whisky hidden in socks inside his car. That same day, customs officials stopped an Italian diplomat whose car had a tapedup hole cut into the back seat,



U.S. Secretary of State Hillary Clinton in a press conference with Saudi Foreign Minister Prince Saud al-Faisal in Riyadh, Saudi Arabia, March 31, 2012. BRENDAN SMIALOWSKI/THE ASSOCIATED PRESS



It proves the theory that Saudi foreign policy is at least in part sectarian and seeks to contain Shiism and not just Iran.

Toby Matthiesen, author and research fellow

according to two other Saudi memos.

Diplomats also sought to skirt Islam's prohibition of pork. A March 17, 2012 memo describes a Chinese diplomat's attempt to sneak 30 kilograms of ham into the kingdom in the trunk of his car.

It comes as no surprise that Sunni Saudi Arabia, which views Shiite Iran as its greatest regional rival, would take an interest in the spread of Shiite Islam. But some observations go into a startling level of minutiae.

Saudi diplomats are careful to estimate, for example, how many Eritrean students are studying abroad in Iran (40) and the number of Shiite

Muslims in Mauritania (50,000). They were also concerned when a public debate was held between Shiite and Sunni Muslims near the Philippines' Al-Dahab mosque in Manila. Even though Shiites make up less than 1 per cent of the Muslim population in the Philippines, a memo dated Feb. 4, 2010 appears to express alarm that the religious minority's message "managed to get out of its secretive circle to the public."

"It is obsessive," said Toby Matthiesen, the author of a book about religious politics in Gulf Arab states and a research fellow at the University of Cambridge. "It proves the theory that Saudi foreign policy is at least in part sectarian and seeks to contain Shiism and not just Iran."

Among the torrent of private information leaked by the website is Hillary Rodham Clinton's passport number, included in a memo concerning a March 2012 visit to the U.S. Embassy in Riyadh.

WikiLeaks' trove of Saudi diplomatic documents includes a large amount of bureaucratic documentation and sensitive personal information, including sick leave reports, death certificates and hospital records. One document included in the haul details a 17-yearold's treatment for life-threatening medical problems. Another is a report describing severe leg injuries suffered by a 24-year-old at King Khalid Hospital in northeastern Saudi Arabia. A third describes the proposed treatment for a child with encephalopathy in the Czech Republic.

WikiLeaks spokesman Kristinn Hrafnsson did not immediately return an email seeking comment on the documents.



Riyadah likes leaks — as long as they are not Saudi

A memo addressed to a senior diplomat in 2011, several weeks after WikiLeaks released thousands of U.S. State Department cables, suggests the Saudis sifted through the American documents and read them too.

THE ASSOCIATED PR

EUROZONE

Greek debt bailout talks fail again

A key meeting of eurozone finance ministers broke up without agreement on Greece's rescue package on Thursday, intensifying doubts about whether Athens can make a crucial debt payment due in just a few days.

Lower-level negotiations will continue and a new meeting of eurozone finance ministers is tentatively scheduled for Saturday.

Finance ministers from the 19 nations using the euro currency failed to bridge differences over the kinds of reforms that Greece's radical left government must implement to qualify for billions in new loans.

It was the latest in a series of negotiating road blocks, and a major setback since there had been hopes to reach a deal in time for European leaders to approve it at a summit later in the day.

"Eurogroup back later, but not today," Finland's finance minister, Alexander Stubb, tweeted as the talks broke up.

THE ASSOCIATED PRESS



IN BRIEF

Immigrants' children granted nationality

Greece has adopted legislation granting nationality to children of foreign nationals living in the country, provided they attend or have attended school in the country. Lawmakers approved the draft legislation Thursday, marking a rift in the country's governing coalition. The minority partner, the populist, right-wing Independent Greeks party rejected the bill submitted by the radical left Syriza party.

Racist machete

attacker convicted

A man who attacked a Sikh trainee dentist with a machete in a racist assault intended as revenge for the slaying of a British soldier by Muslim extremists was convicted Thursday of attempted murder.

Zack Davies struck Sarandev Bhambra in the head with a 30-centimetre blade in a supermarket in Mold, Wales, in January. Witnesses said they heard Davies shout "white power" and "this is for Lee Rigby."

Rigby was run down with a

car and stabbed to death in a London street in May 2013 by two men inspired by Islamic extremism.

A former soldier, Peter Fuller, managed to get between Davies and his victim and stop the attack.

Bhambra, 24, suffered what prosecutors called "life-changing" injuries.

Prosecutors said white supremacist material was found at Davies' home.

THE ASSOCIATED PRESS

FRANCE

On trial for baby killings

A French woman went on trial Thursday accused of suffocating eight of her newborns, after she told investigators that she feared they were children of a long, incestuous relationship with her father.

Dominique Cottrez, 51, stands accused of multiple counts of first-degree murder of minors. She faces life in prison if found guilty by a jury in the northern city of Douai.

The worst infanticide case in modern French history stunned the country when the bodies were discovered in and around the Cottrez' village home in 2010.

Cottrez, who has two grown daughters, told investigators that over more than a decade, she carried several babies to term and then killed them. Cottrez' obesity appeared to hide the pregnancies, which went unnoticed by her husband, children, neighbours, colleagues and even doctors at a nearby hospital.

Dozens of forensic and psychiatric experts, police investigators and witnesses, including her husband, daughters and siblings, are scheduled to testify

A withdrawn, secretive nurse's aide, Cottrez told investigators she was raped by her father, first when she was eight and repeatedly through her childhood and teenage years, according to judicial documents. She later entered a long, incestuous relationship with him as an adult, including after she married, and said that it became consenting — and even said she was in love with her father more than she was with her husband.

Her father died in 2007.

One of the first witnesses called to the stand Thursday is Leonard Meriaux, who bought the Cottrez family house and discovered the first corpse in the garden in 2010. He called police, who found another in the garden and six more in the garage of the house.

Investigators soon turned their suspicions to Cottrez, who quickly confessed. She told the investigating judge that she had never used contraception or had an abortion because of a phobia of doctors. She also said she did not keep the babies because she was afraid that they were the results of her incestuous relations with her father. She said the killing had become a "means of contraception," according to the judicial documents. The verdict is expected next Thursday.

THE ASSOCIATED PRESS

purchase price and pay puni-

tive damages.

Family flees, sues after creepy letters A couple who says they were I know their names I will call re-sell the house "as they are The letter writer claims to have been controlling the scared away from their new \$1.4-million US home because unable to live in the home without extreme anxiety and to them and draw them too (sic) me. of creepy letters from a stalker house for two decades and The lawsuit also names an fear for their children's safety insurance company and settle-ment company as defendants. has sued the sellers for not tellthat former owners John and Andrea Woods sold it because and wellbeing," according to ing them about a person with the lawsuit. USUMS a "mentally disturbed fixation" "it was their time to move on and kindly sold it when I asked Officials from the companies The suit says they are having a hard time selling because of on the house. didn't immediately return calls Derek and Maria Broaddus for comment. The Broadduses say they them to," according to the law-suit filed this month. the letters. They want the former owners to refund them the said the former owners of the home in Westfield, N.J., west of New York City, should have warned them of the person "Do you need to fill the would never have bought the house with the young blood I requested?" one letter reads,

according to the suit. "Once



Muslim comic Dean Obeidallah at a press conference in New York City on June 25. BEBETO MATTHEWS/THE ASSOCIATED PRESS

Filmmakers sue over ads on subways

Promotions for film show Muslims as regular people

Two Muslim filmmakers have filed a lawsuit against the operator of New York subways, claiming the agency rejected their advertisements under a rule that prohibits disputed political views. They argue the ads have nothing to do with politics.

In a lawsuit filed Thursday in Manhattan federal court, Negin Farsad and Dean Obeidallah claim the Metropolitan Transportation Authority is violat-ing their First Amendment right to free speech. The two created the advertisements to help promote their 2013 film, The Muslims Are Coming. They say the overall message



Comic Dean Obeidallah

of both the ads and the film is "that American Muslims are ordinary people."

Farsad and Obeidallah said they paid the MTA nearly \$15,000 to run the ads, which they were told would be put up in 140 subway stations in April. When the ads didn't go up on the scheduled date, they called the MTA but didn't hear back for several days — until they were told the ads would violate a policy that went into effect in the interim, which bans ads that are "political in nature."

Glenn Katon, their attorney with the civil-rights group Mus-lim Advocates, said the two to post the ads under the old policy."

MTA spokesman Adam Lisberg said the agency had not yet

been served with the lawsuit.
The ads include, among others, the phrases: "The Ugly Truth About Muslims: Muslims have great frittata recipes" and "Muslims! They invented cof-fee, the toothbrush and algebra... Oh wait, sorry about the algebra. That's a year of class

you'll never get back."

"It's comedic," Obeidallah
said. "What's political about saying 'Muslims like frittatas' or have great frittata recipes?'

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who signs the letters as "The

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FULL SET QUEEN SET



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them about the letter writer.

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THE COMPLETE PACKAGE



22 WEEKEND, June 26-28, 2015

World | **metr**NEWS

Mom, baby found in jungle

COLOMBIA

Rescuers find survivors four days after plane crash

A woman who survived a plane crash with her months-old baby, drinking water to stay alive, was finally rescued after four days lost in the jungle, Colombia's air force and rescuers said.

Maria Nelly Murillo and her child were aboard a twin-engine Cessna that crashed Saturday in a remote area of western Colombia shortly after taking flight from the city of Quibdo, the air force said.

The pilot was killed, but rescuers said a heavy load of fresh fish in the cabin absorbed much of the crash impact, allowing Murillo and her son to survive against the odds.

against the odds.

She forced open the cabin door and climbed a hill to get away from the air craft, which she feared might explode, the air force reported.

Apparently disoriented, she

Apparently disoriented, she wandered in the jungle carrying her child, surviving on coconut



A Colombian Red Cross volunteer holds one-year-old Yudier Moreno as he and his mother are flown by helicopter for medical treatment to Quibdo, Colombia. COLOMBIA AIR FORCE

water and trying unsuccessfully to trap rodents for food, said Acisclo Renteria, the Red Cross volunteer who eventually found her, speaking to The Associated Press from Quibdo.

Searchers reached the plane

two days after the crash but found the two passengers mis-

The air force said it sent out a helicopter with a loudspeaker urging the woman to return to the crash site, and Renteria said a team of about 40 people began to search for her. They were aided, he said, by

They were aided, he said, by a trail of clues left by Murillo, including a flip flop sandal, her son's birth certificate, a cellular phone and the remains of

coconuts

But after two more days, as rescuers began to lose hope, Renteria said he spotted a buzzing circle of flies hovering over something on the ground. As he approached, Murillo began to shout for help and attempted to get to her feet in a state of near-starvation and apparent shock.

starvation and apparent shock.
"I told her, 'Mama, mama,
be calm. The Colombian Red
Cross is here to rescue you,'"
Renteria said.

During the next four hours, while waiting for an airlift to arrive, rescuers administered Murillo first aid and fed her water and crackers by hand. Renteria said he stayed with the baby.

the baby.

He said a grateful Murillo asked him to be the boy's godfather. The 38-year-old rescuer, who is unemployed and displaced from his hometown by violence stemming from Colombia's long-running conflict, said he saw the success as a blessing.

"I thanked my little God for allowing me to save these two people," Renteria said. "One thing is telling you on the phone what we experienced but it's quite another is to have lived it." THE ASSOCIATED PRESS

NORTH CHARLESTON

Masses mourn shooting victims

A choir and band launched into a gospel tune and roused hundreds of mourners from their seats Thursday in a crescendo of music at the first funeral for victims of the massacre at a historic black church.

Police officers stood guard and checked bags as mourners filed in for the funeral, which was held as the debate over the rebel Confederate flag and other Old South symbols continued.

A monument to former Confederate President Jefferson Davis had the phrase "Black Lives Matter" spray-painted on it Thursday in Richmond, Virginia, the latest of several monuments to the secessionist, pro-slavery Confederacy to be defaced.

Nine Emanuel African Methodist Episcopal Church members were killed when police say a gunman walked into a Bible study June 17 and opened fire in a racially motivated attack.

THE ASSOCIATED PRESS



metr

NEWS | Business WEEKEND, June 26-28, 2015 **23**

IN BRIEF

Lululemon issues recall of over 300,000 tops

Lululemon is recalling about 318,000 women's tops, saying the hard-tipped elastic draw cords can snap back and injure the face or eyes of a wearer. The U.S. Consumer Product Safety Commission said the tops have an elastic draw cord with a metal or plastic tip in the hood or in the neck area. The agency says seven people have reported injuries. About 185,000 tops were sold in Canada from January 2008 to December 2014. THE ASSOCIATED PRESS

Air Canada adds new U.K. flight destination in 2016

Air Canada and WestJet are taking their domestic rivalry to London with both companies now adding flights to Gatwick Airport next year. The country's largest carrier, which already flies to Heathrow Airport from eight Canadian cities, announced Thursday it will add flights from Toronto to Gatwick on its leisure subsidiary Rouge next summer. THE CANADIAN PRESS

market minute



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The cooks of the Teppenyaki Grill at The Real Canadian Superstore located in Mississauga. Loblaws is tinkering with the idea of making shopping at discount Superstores feel like a premium experience, without the premium price. CARLOS OSORIO/TORONTO STAR

Revamped superstore expands food options

Loblaw-owned store aims to be a premium one-stop-shop

When it comes to discount grocery stores, saving money often means a warehouse setting, indifferent lighting and a lacklustre fresh-food offering.

Loblaw Companies Ltd., owner of various grocery and Shoppers Drug Mart stores across the country, is challenging that idea with a newly renovated pilot store in Mississauga, Ont., re-opening on Friday, bringing an elevated shopping experience to a Real Canadian Superstore.

"Retail is as much about evolution as anything. If you stay in any one place for too long, you'll be overtaken," said Andrew . Iacobucci, president, discount division, Loblaw Cos. Ltd.

The Real Canadian Superstore at 3050 Argentia Rd. in Mississauga, renovated over six months, has a roasted nut and dried fruit counter; a wider variety of ingredients used in Middle Eastern and Asian cuisine; an aisle of rice in large-format sizes; and it carries Parle-G, a popular cookie manufactured in India.

The move is meant to serve

the area's growing diverse population. In-store features include:

Veggies on a stage

Fresh is the star of the newly renovated superstore, beginning with fragrant cilantro inside the main doors leading into an abundantly stocked produce section lit up like a stage, featuring bitter melon, durian and fresh curry leaves, along with more routine fare. More than 700 items have been added to the fresh selection, which includes fruit, vegetables, seafood, meat, baked goods, takeout meals and sushi.

Teppenyaki Grill

Never shop on an empty stom-

ach, personal finance advisors say. Now customers won't have to. They can buy T&T sushi to eat in-store or at home, or watch as a chef puts together a hot meal at the Teppenyaki grill. They can pick veggies, a starch (noodles or rice), a protein (beef, chicken or shrimp), and then the chef will chop it all up and cook it on the spot.

The full shop

Other in-store features include fresh seafood, a pita bakery, cosmetics, a wine shop, a dry cleaner, a pharmacy, a doctor, a gym, an expanded Joe Fresh section, baby products, home wares and electronics. TORSTAR NEWS SERVICE

TIM HORTONS

Eh-mojis celebrate Canada

Just in time for Canada Day, Tim Hortons has launched a Canadian "Eh-moji" keyboard in the iTunes App store featuring 12 symbols that any true hoser would be proud to text.

The free keyboard features Canuck symbols including a maple leaf, beaver, Muskoka chair, barbecue, heart-shaped flag, moose, toque, fireworks, Inukshuk, "Eh" in English, "Tsé" in French, and, of course, a Tim Hortons cup.

It is a smart bit of patriotic digital marketing, and the company also wants feedback as to what might be missing. Using the hashtag adian, the new EH-mojis.

#textlikeaCan- Tim Hortons

company courtesy tim would like hortons people to sug-

gest additions that will be added in software updates, starting on

Emojis — Tim's Canadianizes with an H as "Eh-moji" are an evolution of the smiley, that electronic texters can add to their communications in place of words or for emphasis.

"As Canadians, we have a unique way of expressing ourselves," said Peter Nowlan, chief marketing officer at Tim Hortons.

"We set out to create a set of emojis that personified our great country by capturing some of the things that make us unique. TORSTAR NEWS SERVICE

Peer-to-peer payment app changes how users split bills

On a trip to Maine with four friends, Alexander Culbertson racked up \$1,300 on gas, hotel rooms, food and drinks.

But instead of splitting all of the weekend's activities evenly throughout the trip, one person paid for everything. Then, later they all split the final bill using Venmo, an app that lets users pay with a tap and a text-like message.

"It would have been a nightmare for all of us to evenly split every transaction," says Culbertson, 26, a Boston advertising executive. "If you say, 'I'll grab beer and you grab the groceries,' things usually don't come out as planned. "This kept things easy."

Person-to-person mobile payment services like PayPal-owned Venmo are catching on as a way to bypass searching for an ATM or splitting a bill on multiple cards when the dinner check comes. And they're particularly popular among millennials, a generation that seems to have their own way of doing everything.

For Dan Callahan, 22, a digital marketing manager in Philadelphia, using Venmo means avoiding the awkward situation of



It would have been a nightmare for all of us to evenly split every transaction.

Alexander Culbertson

nagging his roommate for rent since you can request payment

"I write the checks or pay online for our rent, utilities, and anything else, and at the end of each month, I total it all up and he sends me half," Callahan said. "And it's all free. Beats having to get ATM charges from my bank and dealing with cash!"

The services also are growing quickly: Venmo is seeing four times the growth this quarter as it did last year. The service processed \$2.4 billion in transactions in 2014 and \$1.3 billion last quarter alone. Similar services abound, including Snapcash on Snapchat and Square's Cashtags which can be used via tweet or text. THE ASSOCIATED PRESS

IGHTWAD.



If there's one thing Michael Doyle is tenacious about, it's saving money. The nice thing about his fixation: it's your money he's saving. As a full service agent with over 30 years experience, he uses every tool it takes to sell your home in a timely fashion. Unlike traditional real estate agents, he charges far less to get the job done. For example, Michael's flat fee on a \$200,000 home is only \$2995. Go with an agent from another company, and you may pay closer to \$12,000. Seriously.

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HAVI HAV WEEKEND, June 26-28, 2015

Your essential daily news

THE KOHLER REPORT: ON MAGICAL CONDOMS



We've all heard of good technology (penicillin), bad technology (automated checkout counters), but not until recently was there a product that could fall under the category of awkward technology.

Case in point: Three students from the U.K. won a top prize at the TeenTech Awards this week for a "smart" condom that changes colour or glows upon detection of a sexually transmitted infection. While the new prophylactic, cleverly named the S.T. EYE, would certainly be a boon for our physical health, my neurotic side has a lot of questions as to how this would actually play out. It's embar-

Not until recently was there a product that could fall under the category of awkward technology.

rassing enough when you're on a date and you realize you have something stuck in your teeth, imagine instead it's a disease stuck in your genitals.

Condoms are already one of the most awkward parts of having sex: from the look the woman at the pharmacy gives you when you buy them ("Getting lucky tonight, eh?"), to the impossibility of finding a place to keep them that doesn't look too organized or too much like you have no idea where a condom could be because it's been that long, to the dreaded moment of application, when for a few seconds the Jeopardy! tune starts playing. Now imagine the tune ending with Alex wryly announcing, "What is Chlamydia?"

Please note: while condoms are used by a plethora of people of many different sexual orientations, I will be using examples about heterosexuality, as that is what I know best. Okay, fine, it's all I know, I'm boring.
What would the parties to

an already fraught encounter be thinking and feeling should one of these magical condoms indeed glow or change colour? While a Lord of the Rings fan might deduce that orcs are nearby, others might be more upset. The guy would be freaking out like, "Oh my God, what is it? Who was it? I guess that explains the tingling." And the girl would be like, "Would it be rude if I left right away, or should I pretend to cuddle for a while and sneak out when he's sleeping?'

It seems a titch unfair that testing only goes one way. Great, the girl knows the guy's clean, but who's testing the girl? There should be sensors on both sides of the latex, though by the time the guy found out the girl was packing a virus, it'd be a little late.

It's no surprise that the S.T. EYE was invented by a trio of 13- and 14-year-old science nerds. I'll wager none of them have yet encountered a condom, except maybe in health class, where, if their experience was anything like mine, they watched in an atmosphere of awkwardness and zero eye contact as their gym teacher unfurled, with disquieting competence, an expired Lifestyles onto an overripe banana. Should you ever find yourself in possession of an S.T. EYE, and you put one on a banana and the S.T. EYE changes colour, do not eat it. ("This tastes clappy.").

I'll admit this product could help a lot of people, especially hypochondriacs and sex workers. Safety in the workplace! But, let's face it, if a guy has chlamydia or gonorrhea, it might be a sign that he prefers to skip the condom. So remember, unless you're in a committed, blood-andswab-tested relationship, "no condom" should glow just as bright to you as an S.T. EYE.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

ROSEMARY WESTWOO

metroview

Mother Canada is flashy, substancefree patriotism

Your thank-you card is in the mail, Parks Canada.

Without you - and the 10-storey statue you're proposing to help erect in a national park — I would have never known Mother Canada.

So this must be the motherland? Guess I missed that social studies lesson on sexist nationalist symbolism.

Silly, I know, but I would never have thought to memorialize our war dead buried abroad by building a statue of a giant woman.

And, you know, Mother Canada sure doesn't look like I'd expect.

She's a sombre figure, draped in a cloak, standing at the edge of the Atlantic with arms outstretched to welcome us all into her bosom. From what I know of women's war effort, it was a little more "welding in munitions factories." A little less "uselessly standing on a rock." I think they might have even worn

But I get it now — she's an echo of more patriarchic times. Our answer to Mother Russia and American gargantuanism. Our knock-off Lady

Definitely the best \$60 million (in mostly private funds; more on that later) spent on veterans issues. Even better than the \$700,000 the government has used to fight veterans upset over benefits

You know, I've walked along Vimy Ridge, beneath the incredible monument where the original Mother Canada stands (also called Canada Bereft, a name notably lacking in femininity). But I don't remember her. I remember imagining the soldiers in that battle, and standing among rows of white tombstones in the green grass of a small cemetery nearby, one of many that dot the countryside.

France is a trek, so I can see why you'd want to bring Mother Canada closer (and bigger!) for all 30 million of us - by putting her in a national park on Cape Breton, population 147,000.

I have a little suggestion, though: Since we're so angsty about upping nationalistic pride, maybe we could do more to get people out to Remembrance Day ceremonies? I think they're less well attended these days than mac and cheese festivals.

Never mind the fact that Parks Canada's own employees argue that the monument violates the site's wildernesszone designation, or the fact that Parks Canada gave \$100,000 in public money to the organization behind the project. It's a good thing we're getting Godzilla — sorry, Mother Canada. Now I know that we Canadians really do go in for that flashy, substancefree patriotism stuff.

Happy face/Sad face

From malicious monks to a letter of love,

Metro weighs in on the news making headlines this week



Clap for the power of science

After 50 years of failed science in this area, researchers at Harvard University have hit on a promising experimental chlamydia vaccine and figured out why the last one went so wrong. The study, using mice, showed that live bacteria are the key to creating immunity. Even better news for the needlephobic: the vaccine is administered as a nasal spray. (It can't be worse than the alternative; see above). SOURCE: THE VERGE





Edmonton bachelor party gone bad

An Edmonton neighbourhood was stunned when 10 young men with nylons over their faces and brandishing (foam) baseball bats barged into a home and snatched the occupant. Six neighbours called the police, who responded with guns drawn and a chopper overhead. They chose not to lay charges against the men, who were guilty of "kidnapping" a groom for his bachelor party. source: vice



Mock monks make a move for money

Buddhists in Ottawa are

warning the public that panhandling is not a part of their faith. Stony-silent men with shaved heads, dressed in the flowing robes of Buddhist monks, have been accepting cash in exchange for trinkets from people downtown. It's "the easiest fraud you can to detect," said one local Buddhist. "If you give them money and they accept, then they are not monks." SOURCE: CBC.CA





The Internet dissolved

Lovesick man makes a painterly plea

into tears this week after one man took to Weibo — a Chinese-language analog of Twitter - with a single, plaintive question: Does status matter if two people are in love? That's what the painter and decorator wrote in a viral letter to the disapproving mother of his universityeducated girlfriend. No word yet on the mother's response, though it really should be positive: The young artist also promised not to borrow money. SOURCE: BBC.COM



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Your essential daily news

Taylor Swift will allow Apple Music to stream her 1989 album

Hollywood brings roles to bear

MOVIES

Ted isn't the first of his kind to grace the silver screen

IN FOCUS
Richard



When John Bennett (Mark Walhberg) was a small, lonely child he wished for just one thing — a best friend. His wish came true and Ted (voice of Seth MacFarlane), his trusty teddy bear, came to life. The pair became "Thunder Buddies" for life and the subject of two movies, Ted and this weekend's Ted 2.

Ted isn't your usual teddy bear. He smokes pot, swears imagine rooming with Tommy Chong and Charles Bukowski — and has trouble holding down a job.

In the new film, Ted is married to a human woman but under the eyes of the law he is seen as property and not a person. When the couple decides to adopt a child he faces a court battle helmed by a young lawyer (Amanda Seyfried) and a renowned, civil-rights attorney (Morgan Freeman).

Ted may be the rudest and crudest teddy bear to ever star in a movie, but there are loads of other talking teddies that are cool bears and not Teddy Bores. Remember Lancelot from Labyrinth, or the bear in AI: Artificial Intelligence — who tells the young robot



Seth MacFarlane once again voices a foul-mouthed, pot-smoking bear in Ted 2. CONTRIBUTED

that 50 years is not such a long time — and Winnie the Pooh?

Here are three more cinematic bear necessities:

"I'll never be like other people, but that's alright," says the star of the delightful Paddington, based on the much-loved children's books by Michael Bond, "because I'm a bear. A bear called Paddington."

The story of Paddington (voiced by Ben Whishaw) the cuddly, orphaned Peruvian bear picks up when he, armed only with a "worrying marmalade problem" and his distinctive red hat, lands at Paddington Station in London.

There, a family adopts him and learns to love the little bear, even though chaos follows his every step. The film's co-star Hugh Bonneville says the Paddington character is so popular he is, "part of the DNA of the U.K."

The movie presents Paddington in his iconic blue duffel coat and red hat but not the usual Wellington Boots because they were not part of the bear's original design. Manufacturers added his red wellies so the toy teddies were able to stand upright.

As voiced by Ned Beatty, Lots-o'-Huggin' Bear is a Southern accented, strawberry scented teddy who looks cuddly, but is anything but. When a misunderstanding threatens to separate the toys, Woody (Tom Hanks), Buzz (Tim Allen), Jesse (Joan Cusack) and the gang take matters into their own tiny hands but when they meet the huggable but evil Lotso the garbage dump or the attic begin to look good.

"The guy may seem plush and huggable on the outside," says Buttercup the Unicorn, "but inside he's a monster." His habit of throwing toys that don't please him into "the box" is so evil he's even been compared to the wicked Governor on The Walking Dead.

MOVIE RATINGS by Richard Crouse

Ted 2 ***
Max *
The Overnight ***

HOW RATING WORKS

★★★★ SEE IT

★★★ WORTHWHILE

★★ UP TO YOU

★ SKIP IT

Unlike Ted Fozzie the Bear doesn't work blue. The fuzzy brown jokester has been a big screen star since 1979's The Muppet Movie where he was discovered by Kermit the Frog doing stand-up comedy in a dive bar.

In the film Fozzie drives a Studebaker, but how, exactly,

does a puppet manoeuvre a car? The film answers the question — "Where did you learn to drive?" Kermit asks. "I took a correspondence course!" — but the real answer is that the real driver hid in the trunk and drove the car by remote control, using a television monitor to guide his steering.







26 WEEKEND, June 26-28, 2015 Movies Metr@LIFE

Living a dog's life to the Max

FAMILY ADVENTURE

Lauren Graham talks working with kids and canine co-stars



There's an old show business adage about never working with children or animals. The comment is usually incorrectly attributed to W.C. Fields, but no matter who coined the phrase, Lauren Graham clearly hasn't taken it to heart.

For her latest film, Max, about a military dog with PTSD that goes to live with the Texas family of its fallen trainer, Graham supports both a teenage co-star and a fourlegged one. Yet, that doesn't mean she had any hesitations about the project.

"I've worked with a lot dogs—and a lot of kids," Graham says with a laugh. "You just know what to expect. It's an-



Lauren Graham, left, with her Max co-star Josh Wiggins, and Carlos the dog (inset). CONTRIBUTED

other element of slight unknown, and a little bit of restriction in a way, because you can't just do whatever you want. You have to kind of be there for the animal or for the child. But that's OK." In fact, that difference in the filmmaking environment can be a welcome change, Graham explains. "In a way it just kind of defines the world you're working in. And these dogs were incredibly well-trained, and for the most part they want to be working and they want to be rewarded for com-

pleting these tasks, so it was just kind of amazing to watch them," she says.

"They all live together with the same trainer, and they're all rescue dogs. They are friends, the dogs. They get along really well."

Best known for her work on television in both Gilmore Girls and Parenthood, some could argue that Graham is becoming something of an expert in playing characters who grapple with moody teenagers.

But Graham takes slight issue with that. "Well, on Gilmore Girls she wasn't so much moody when she was a teenager," she points out.
"But they don't make enough
movies about non-moody teenagers. I think that may be due
to the fact that most of them
are moody."

This film's moody teen is younger son Justin — played by Hellion star Josh Wiggins — a mopey hacker who sells pirated video games and shirks responsibility until his older brother's death in Afghanistan shakes up the family.

"He felt like a different kind of actor to me," Graham says of Wiggins. "And this was such a different world to play this family who are in Texas and the military is a very big part of their lives, so it felt like a different challenge."



You can't just do whatever you want, you have to kind of be there for the animal or for the child

Lauren Graham



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A not-so-innocent invite

SEX COMEDY

Adam Scott talks about baring it all in The Overnight

Steve Gow For Metro

Adam Scott has a few helpful words for young parents learning to make new friends in modern suburbia.

"Don't take your pants off before you're ready would be my advice," said the star of TV's Parks & Recreation in a recent interview in Toronto.

While that seems like an offbeat metaphor, it also would've been a practical pointer for Scott's character in The Overnight — a new sex comedy in which he and his on-screen wife (Taylor Schilling of Orange Is The New Black) attend a seemingly innocuous dinner party only to find their mysterious new neighbours have other plans.

As the evening unfolds, the couple is soon caught up in a



In The Overnight, what starts as a dinner party deviates after the kids go to bed. CONTRIBUTED

nightmare that has them evaluating their sexual mores and pondering their predictable

"I did relate to it in a lot of ways," said Scott, who is married with two children himself. "Taylor's and my character, we

are happy (and) they love each other very much. It's just their position with each other and the position of their relationship gets a little unmoored. And all you need is to be unmoored a little bit to start questioning everything.'

For Scott's character, that meant facing not only a few homoerotic impulses but a rather intimate inadequacy that has gathered a lot of media attention since the movie premiered at the Sundance Film

Don't take your pants off before you're ready.

Adam Scott

Indeed, Scott knew donning a diminutive penis prosthetic on-camera would be shocking, but he never thought he'd have to discuss it at such length.

"I was on this HBO show Tell Me You Love Me and we had prosthetic penises on that so i talked about it a bit then," laughed Scott. "But I had no idea what I was in for.'

As painful as shooting those "nude" scenes must have been, they pale in comparison to the overall suspense of the story.

After all, sophomore filmmaker Patrick Brice has said he aimed to shape the swinger comedy into a nail-biting

"A friend of mine said it's like a horror movie where sex is the monster and I completely agree with that," said Scott. We've had screenings where people are yelling at the screen, just like a horror movie.'

SCOTT SAYS

Learning from the best

Although his most famous work is in TV's Parks & Recreation and cult-hit Party Down, Scott says it wasn't until he starred opposite Will Ferrell in 2008's Step Brothers that he found his comedy mojo.

"I was mostly doing dramatic stuff," admitted Scott. "So it was really hard. But if you're going to learn (comedy) anywhere, it may as well be with those guys. They're the coolest!"

Director's chair

Backing the film as a producer, Scott hopes he can someday make the jump into directing as well but its something he isn't rushing. "I want it to be the right thing," said Scott. "If you make one movie and it's not good, then chances are, you aren't going to get that chance again."

On pushing his comfort

"When I read it, I thought this is very uncomfortable for me - not just the physical stuff but the emotional stuff was creepy," said

The Little Death opens sex files



Australian director Josh Lawson's debut, The Little Death, delves into the sex lives of five Sydney couples and the comic consequences that arise from lovers clumsily admitting their secret desires to each other. One storyline in particular has been getting the bulk of the attention, though.

Are any of these storylines based in truth in any way?

In fact, the rape fantasy was where it all started, and it came from a confession — or admission, really. Confession makes it sound like she's done something wrong, and there's certainly nothing wrong with having a rape fantasy. But it was at a dinner party many, many years ago. You know, we'd had a few glasses of wine and the subject came up, and this girl said it was a fantasy of hers. I



I think sex is that last taboo subject in a lot of ways.

Josh Lawson

was so fascinated by it.

Was that something you'd ever come across before?

I certainly knew of rape fantasies, but I'd never really spoken with anyone with such candour about it. I just really felt there was something in it. I really felt like I'd never seen something like that explored on film, and when I researched that fetish, other fetishes sort of came up. And the more fetishes came up, the more I realized there was just so much to it — the world of fetishism and kinks.

It does seem to persist being a source of real shame for people, though.

It's well-observed. I really

was fascinated at what point in any relationship you tell someone, "Hey, I'm really into this." I mean, we all do it in our own way. But yeah, I think sex is that last taboo subject in a lot of ways. There is a lot of shame associated with it, there's fear associated with it.

Do you have a favourite of the couples, as a writer?

I love them all, I really do. I'll say this, there was one story that has met with a lot of resistance in terms of funding for a long, long time, but I'm proud of the achievement and the actors. The first one is the rape story. People always contest that we're making jokes about rape, but I don't think that we are. I think it's because there's the issue of rape in a comedy, but the comedy never comes from us making fun of it or treating it lightly. I understand where the controversy is coming from, but I refute it, obviously.



28 WEEKEND, June 26-28, 2015 Movies Metr@LIFE

Marky Mark on his first time

TED SEQUEL

Wahlberg says he'll only do sequels if they feel 'different'

Matt Prigge Metro | New York City

Mark Wahlberg doesn't do sequels. There's been talk of a second Italian Job, a second Four Brothers and even a follow-up to The Fighter that follows other boxers. But so far nothing has materialized, in part because he's picky. And yet here's Ted 2, his first sequel and a fairly different film than 2011's Ted, in which he played the owner-friend of a magically sentient talking bear, voiced by co-writer and director Seth

MacFarlane

"It was only worth doing it if we could make it better than the first. It had to be its own thing," responds Wahlberg over the phone from the film's London junket. "When people talk about sequels I always just shrug it off. If they develop a script, I'll take a look at it. I always want to do something different and change the dynamic."

Part of that had to do with getting another chance to riff and hang out with MacFarlane. "Seth and I really have a lot in common. We have a knowledge of old, old television from the '70s and '80s," he explains.

That's one reason they're comfortable together onscreen, though it's not as adlib-heavy as it may seem. "We play around a lot, but the writers are so good you don't need to improv so much. You might find yourself in a scene where



Mark Wahlberg stars in Ted 2, his first-ever sequel film. GETTY IMAGES

you need to interject life into it. But it's not as necessary as it is in other situations."

MacFarlane's reputation for shocking and offending people is very much in play in Ted 2, which includes race and gay jokes, plus one about Charlie Hebdo. Wahlberg doesn't really think about those kinds of responses when saying them.

"It's one of those things where we shoot it, put it in front of an audience and see how people respond," he explains. "He doesn't like to be censored, to be sure."

Wahlberg doesn't even get shaken by the Ted films' most challenging aspect: believably conversing with a CGI talking teddy bear. MacFarlane riffs with Wahlberg while standing around where the camera is, while his co-star stares down at what will later be a special effect.

"I feel like he's real. And if I believe it, I feel I can convince an audience," Wahlberg says of his methodology.

"That's what Seth wants and that's the only thing I want to do: we want to make it real. We want to make it look real. Not make a joke of it and wink at the audience."

THE TV DINNER JESSICA ALLEN



There are some things that I'm incapable of understanding: buying new jeans that are already ripped; city cyclists who wear fingerless biking gloves for their five-kilometre commute; and when people mispronounce mascarpone as "marscapone."

Other things, however, are more contentious. Take Seth

In the world of food, Seth MacFarlane could be cilantro: you either love it, hate it — like Julia Child did — or are allergic to it.

MacFarlane. On one hand, he was instrumental in rebooting the original Carl Sagan Cosmos with Neil deGrasse Tyson. On the other, he's responsible for that song about boobs, which he performed while hosting the 2013 Academy Awards

Then there's Family Guy, the cartoon for adults created by MacFarlane. I've never watched an episode. Hearing people conduct lengthy conversations during the show's height in the early 2000s as





either Stewie, the talking baby, or Brian, the talking dog, was all the Family Guy I could

THE FOOD: 7 INGREDIENT SALSA



Yes, it's unfair to judge a sitcom by its annoying fans.

It's also unfair, my boyfriend Simon told me, to make your partner watch Ted, the 2012 feature film MacFarlane wrote and directed about Bostonian John Bennett (Mark Wahlberg) and his best friend Ted, a CGI teddy bear (voiced by MacFarlane) who teaches John to be a better human. Their weed-fuelled bromance will continue on Friday when the sequel hits theatres. Ted 2 focuses more on its title character, who is married and wants to have a baby. Biology requires that Ted ask John to be his sperm donor. John agrees. But for Ted to have legal custody of the baby, the teddy must prove he is human.

In the world of food, Mac-Farlane could be cilantro: you either love it, hate it — like Julia Child did — or are allergic to it. But few are indifferent

Cilantro haters voice their

disgust on websites, blogs and Facebook pages, including one called I Hate Cilantro, which has 16,000 followers and is categorized as a political group. The lovers, including Simon, use it creatively: he once suggested I put it in a batch of ice pops. I didn't, but it's a necessary ingredient in my seven-ingredient salsa, which a friend's father taught me how to make. Blitz a can of drained plum tomatoes, a red onion, a jalapeno, garlic clove, juice of a lime, a generous pinch of salt and big handful of cilantro in a food processor. It's so good that I can't recall the last time I bought jarred salsa.

I do remember, however, the last trailer that I laughed out loud watching. For better or worse, it was Ted 2.

Jessica Allen is the digital correspondent on CTV's The Social.

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Now playing



ACTION & ADVENTURE Max

Director: Boaz Yakin Starring: Jay Hernandez, **Robbie Amell**

A military dog from Afghanistan is adopted by his late handler's grieving family in the U.S., where his close bond with the soldier's brother leads to a life-altering revelation in this family-friendly adventure from MGM and director Boaz Yakin, who cowrote the screenplay.

ROTTEN TOMATOES™ SCORE Critics: Audience:





COMEDY

Ted 2

Director: Seth MacFarlane Starring: Mark Wahlberg, Seth MacFarlane

Newlywed couple Ted and Tami-Lynn want to have a baby, but in order to qualify to be a parent, Ted will have to prove he's a person in a court of law. Seth MacFarlane returns as the voice of the titular bear in this followup to the 2012 live-action/ CG-animated comedy.

ROTTEN TOMATOES™ SCORE Critics: Audience:

46% +95%





COMEDY

Spy

Director: Paul Feig Starring: Melissa McCarthy, **Jason Statham**

Susan Cooper is an unassuming, deskbound CIA analyst, and the unsung hero behind the agency's most dangerous missions. When her partner falls off the grid and another top agent is compromised, she goes deep undercover to prevent a global disaster.

ROTTEN TOMATOES™ SCORE Critics: Audience:







HORROR **Insidious: Chapter 3**

Director: Leigh Whannell Starring: Dermot Mulroney, **Stefanie Scott**

This chilling prequel reveals how gifted psychic Elise Rainier reluctantly agrees to use her ability to contact the dead in order to help a teenage girl who has been targeted by a dangerous supernatural entity.

ROTTEN TOMATOES™ SCORE **Critics:** Audience:



ANIMATION

Inside Out

Directors: Pete Docter. Ronnie del Carmen Starring: Amy Poehler, Bill Hader

Riley is uprooted from her Midwest life when her father starts a job in San Francisco.

ROTTEN TOMATOES™ SCORE **Audience:**

298% 11192%



ACTION & ADVENTURE

Jurassic World

Director: Colin Trevorrow Starring: Chris Pratt, Bryce Dallas Howard

Steven Spielberg returns to executive produce the next instalment of his groundbreaking Jurassic Park series.

ROTTEN TOMATOES™ SCORE Audience:

Critics:









30 WEEKEND, June 26-28, 2015 Style | **Metr** | **LIFE**

SMART DESIGN

3-D printers used for customizable nail art



New York-based Laser Girls creates futuristic fingernail art.

Most sets are 3-D-printed in nylon, cost about \$20 and can be
worn multiple times. DORIAN GEIGER/THE TORONTO STAR

Not so long ago, Avery-Anne Gervais was flipping mobile home security cellphone applications as a door-to-door salesperson in Winnipeg. It was a far cry from the entrepreneur's lifelong dream of being a contestant on Dragons' Den.

Now, the 21-year-old is living in Shanghai, China, pulling the reigns of CLAWZ, her very own startup that bridges technology, fashion and art. Her product? Art for your fingernails made with a 3-D printer.

"If you want the Winnipeg Jets logo on your fingernails you stamp that on, or you want your high school emblem on there, or you want the letters of your name or the initials of all your best friends," said Gervais via Skype, from China.

Millennials — mainly women, including celebrities such as Katy Perry — have embraced nail art, transforming it from a fashion statement into a soaring trend. It's an age of mass experimentation, and

now, with 3-D printing, the possibilities seem endless.

"Pick your size, your colour and the shape, and just print it off," added Gervais, who also owns a retro spray-tanning salon in Winnipeg. "So that was the dream — complete customization of whatever you wanted on your nails."

By 2018, 3-D printing is slated to be a \$4.8-billion industry and the fashion world is looking to cash in.

Also known as rapid prototyping, 3-D printing uses different materials to build a three-dimensional model of an object layer by layer. Through the use of a computer-aided design (CAD) program, designs are created, dimensions are dictated and textures are explored.

Conventional nail art lasts for just a few days to upwards of a week or two. Unlike the shorter shelf life of typical nail art, CLAWZ is permanent, reusable, and texturized in greater detail. A 3-D printer prints out replicas

of a set of nails in wax. These wax prototypes are cast into precious metals like black steel or silver, which, through a temporary adhesive that attaches to the nail, allows customers to self-decorate.

One is a set of black nails, texturized to mimic koi fish scales, and another, entitled, "A Girl's Best Friend," is gold matte with a black diamond in its centre. CLAWZ has another line, orbital in theme, which is inspired by different phases of the lunar cycle. These cost anywhere from about \$40 to \$130 for a full set. CLAWZ just pre-launched its product in China and is now marketing its soon-to-be-available summer line.

Gervais said CLAWZ targets young women aged 21 to 35 who get their nails done, and who perhaps consider themselves tech nerds.

"Women want to be integrated with technology and they love the idea that it's a 3-D printer. It becomes a conversation piece," she said.

In Canada — and North America in general — 3-Dprinted fashion hasn't quite caught on yet, evidenced by CLAWZ launching in China, not at home.

Nina Huynh, 34, owner of Wow Wow Nails in Toronto, had never heard of 3-D printers being used to manufacture nail art. Huynh, who estimates she applies nail art to around 40 to 50 customers each week, was unsure what to think of the trend — if to call it that at all.

"It's definitely a cool concept," said Huynh, who browsed CLAWZ's website. "I don't know how much people are going to want this because it's going to be expensive and I don't think we're ready for it yet ... When it comes to nail art, we're a little bit behind." TORSTAR NEWS SERVICE



The success of DJ Johnny Love's viral Healthgoth Manifesto video and his underground parties have brought him international fame. TORSTAR NEWS SERVICE

Workout wear for the fashion crowd

TRENE

Healthgoth trend started by an out-ofshape DJ

With a nightlife entourage, Chicago's Johnny Love and his crew have helped propel a fitness subculture movement that's become known as healthgoth.

With their tattoos, piercings, coloured hair and black mesh workout gear, the healthgoth followers don't fit the traditional gym rat mode.

The success of Love's viral Healthgoth Manifesto video on YouTube and his underground parties have brought him international fame. He toured his pop-up gym installations, making stops across America from Chicago to Austin for SXSW to

Toronto (Love's Soft Leather dance party recently touched down in the city). Love and his posse walk participants through a series of exercises from his three-day free-weights routine, while DJs keep the energy levels up.

It all started when, going into his early 30s, Love had been on tour for months when he noticed things happening to his body.

"It was a gradual progress of my own fattening up with my face getting rounder and I looked really soft," he said.

He did what lots of people do when they need fitness advice and asked a more experienced friend for tips. Being on tour and not having a workout routine or gym membership, his options were limited but the weight loss solution he got was simple.

"You don't need a gym membership," said the friend, "just quit eating carbs. Start tomorrow." Love was incredulous — it worked.

His current routine is not unlike many others you might encounter at the gym.

"There's a chest and biceps day, back and triceps day, and leg and shoulders day. And if there's room, we do an abs routine," he said. "If you still have strength at the end of day three, you can do a last calf exercises until your legs are burning and its time to go home. If you're sore, then you're doing a good job."

The Healthgoth fashion esthetic emerged from the Internet, inspired by avant-garde designers like the Rick Owens and Alexander Wang. As the fitness trend has gone global, mainstream designers like Nike, Under Armour and Adidas are creating specialized lines to fill the growing "alternative" activewear niche. TORSTAR NEWS SERVICE



THE SHOPPING LIST

Animal print workout wear

Look for edgier lines of innovative meshheavy, tie-dyed and animal-print workout wear from brands like Lucas Hugh and Canadian labels Michi, Vancouver's Daub + Design and Toronto's Hoi Bo. While female-focused, some could complement a unisex look.

Haven (Havenshop.ca)

With their first brick and mortar shop in Edmonton, Haven has Japanese avant-garde and sporty deep in their DNAtocking limited runs of Junya Watanabe contemporary TAKAHIROMIYASHITA The Soloist's line, and oversized reflective running ponchos from Barbour & White Mountaineering and the latest collaborative designer supergroup, ACRONYM and Stone Island's Shadow Project.

Adidas Originals (Adidas.ca)

It's impossible to ignore the originator and first choice for healthgoth enthusiasts who covet collaborations with designers like Japan's Neighbourhood and London's Mary Katrantzou. Summer 2015's inflatable car tire-inspired Tubular sneaker collection may give Nike's Roshe Runs a run for their money.

Nomad (Nomadshop.net)

Incorporate the latest Fear of God tanks, Nike Tech Fleece shorts and Raf Simons Velcro sneakers into your training sessions thanks to Toronto's Queen West bastion of cutting edge menswear.

TORSTAR NEWS SERVICE

Your essential daily news

Nearly 5 million more foreign tourists visited Russia in the first quarter this year

Coastline, seafood without the crowds

NOVA SCOTIA

Outdoor pursuits await visitors on Cabot Trail

Rounding a curve on the Cabot Trail, you see it: an elongated pile of granite jutting toward the Atlantic Ocean.

It's called Middle Head, and it's part of Cape Breton Highlands National Park on Nova Scotia's Cape Breton Island. The views from here are stunning, whether a sandy beach below or brooding Mount Smokey above.

At Middle Head's entrance is the 75-year-old Keltic Resort, which can serve as a well-appointed base camp for exploring the 950-sq.-km. national park and the Cabot Trail, a ring road.

Reminiscent of Ireland's formidable Ring of Kerry, Cabot Trail's 298-kilometre route clings to cliffs, plunges into deep native forests and connects small coastal communities whose heritage comes from French, Irish and British settlers, as well as the Mi'kmaq, the region's indigenous people.

Highway signs may be in French or Gaelic, as well as English.

Navigating sharp bends and steep descents, motorists can stop at numerous 'look-offs" that may be safer than gawking through the windshield.

Birds are abundant, marine life can be observed during off-shore tours, and a moose or two may materialize.

One difference between the Ring of Kerry and its Canadian counterpart is the crowds.

Here, tour buses are rare and other traffic is light. Just make sure you know where gas stations are.

For the peckish along the Cabot Trail, an extraordinary club sandwich is served at the unpretentious Seagull Restaurant near the Keltic Resort.

It is packed with chunks of locally caught lobster, smoked bacon and summerfresh lettuce and tomato on crusty toast.

The chowder is prepared daily by the octogenarian owner and retired coal miner, John Dan Jobes. In his broth could be crab, scallops, salmon, mackerel, cod Up the highway is the Chowder House in Neil's Harbour, a fishing village with stacks of lobster traps on its wharfs.

Chowder House's 16 indoor picnic tables were crammed before noon on a weekday with offerings of lobster sandwiches, crab cakes and both clam and seafood

chowder.

Its mussels

could have been

harvested that

morning from

Cape North

near where

explorers John

and Sebastian

Cabot were said

to have landed in

IF YOU GO

Check out Cheticamp, a French-Acadian fishing village; the Bell Museum in Baddeck; and Glenmora Distillery in Glenville.

> Working up an appe-tite is not difficult. Hiking trails for different skill levels are plentiful throughout the national park, including more than a half-dozen near its entrance at Ingonish Beach.

One low-impact guided hike traverses the length of Middle Head through trees and patches of knapweed, elderberry and wild daisies to its tip for a 270-degree panorama of the ocean and

faraway jagged shorelines. Said to be among the world's top cycling destinations, Cape Breton Highlands has strategically placed camp-



A squall rolls in from the Gulf of St. Lawrence along the Cabot Trail in Cape Breton Highlands National Park, N.S. JOHN LUMPKIN VIA THE ASSOCIATED PRESS



The main lodge at Keltic Resort near Ingonish Beach, N.S.

JOHN LUMPKIN VIA THE ASSOCIATED PRESS

grounds for longer Cabot Trail rides and several offpavement trails.

Golf at internationally ranked Highland Links adjacent to Keltic Resort can be arduous, if you walk rather than ride in a motorized cart.

Highland Links' holes wind by the sea, twist through dense woodlands or border the Clyburn River. The trek from the first tee to the 18th green is 13 kilometres.

With what's left of the day, you could attend a "ceilidh' at a local parish hall where musicians gather to play or spend it in the Highland Sitting Room at Keltic, with ocean views, twin fireplaces and entertainers.

THE ASSOCIATED PRESS

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WEEKEND, June 26-28, 2015 metr#TRAVEL



The courtyard at the Uffizi **Gallery in Florence, Italy.** WIKIMEDIA COMMONS

Florence museums open late

Three highly popular tourist attractions in Florence, Italy, including the Uffizi Gallery, will be open on Saturday nights.

The Italian Culture Ministry announced earlier this week the Uffizi, the Accademia Gallery and the Bargello National Museum, starting this week, will be open Saturdays from 7 p.m. until 11 p.m. The special initiative runs until Dec. 19.

The Uffizi is Italy's top-drawing museum. The Accademia is famed for Michelangelo's sculpture David. The Bargello is mainly dedicated to sculpture. THE ASSOCIATED PRESS

Think you know Canada, eh?

CANADA DAY

Quiz focuses on unique attractions countrywide



ON THE MOVE Loren **Christie**

In honour of Canada's 148th birthday on Wednesday, let's celebrate our collective quirky side by testing your knowledge of our country's most bizarre and unique tourist

1. Cap-Egmont, P.E.I., is home to a collection of three buildings made from 25,000 recycled what?

- a) Egg cartons
- b) Bottles
- c) Horseshoes

2. Every spring tens of thousands of snakes, the largest gathering in the world, emerge from their winter dens. Which province is home to this slithering frenzy of activity?

- a) New Brunswick
- b) Manitoba

c) British Columbia

3. The ferry service between these two cities is the oldest continually operational saltwater ferry service in North America.

- a) Halifax-Dartmouth b) Vancouver-Victoria
- c) Ottawa-Montreal
- 4. This Vancouver Island town is home to world's largest hockey stick and puck.
- a) Duncan
- b) Nanaimo

5. This province is home to The Myriad View, Canada's first legal moonshine producer.

- a) Saskatchewan
- b) Quebec
- c) Prince Edward Island

6. Which province can lay claim to giant roadside attractions that include an apple, a nickel and a really large Canada goose?

- a) Newfoundland
- b) Ontario
- c) Alberta

7. This island is the largest island in a freshwater lake in the world.

a) Miller's Island

b) St. Pierre and Miquelon c) Manitoulin Island

8. This city has the most pubs per capita in Canada.

- a) St. John's
- b) Toronto
- c) Halifax

9. True or false, the Ice Hotel, outside of Quebec City, is rebuilt every year from scratch.

10. Carl Lindley, a homesick U.S. soldier building the Alaska Highway, posted a sign post to his hometown in 1942. Today the Sign Post Forest in Watson Lake, Yukon, has how many signs from all over the world hammered to row upon row of posts?

- a) 77,000
- b) 7,700

11. Which of the following festivals does not exist?

a) Nanaimo's World Championship Bathtub Race b) The Great Klondike International Outhouse Race in Dawson City c) The National Frog Jumping

Championships in St. Pierre-Jolys, Man.

12. Alberta's Wood Buffalo National Park is home to the world's largest what? It's so big it can be seen from space.

- a) beaver dam
- b) eagle's nest
- c) canoe

13. The Leifsburdir in Newfoundland is the only sodcovered restaurant in North America. It serves up traditional —— food.

- a) Acadian
- b) Viking
- c) British



(TRAVEL NOTES KEY MAKEOVER AND BAJAN BARGAINS

Facelift in Florida

Hawks Cay, a quiet resort on Florida's Duck Key in the south end of the state, just finished a \$22-million renovation, sprouting a new adults-only section and new family suites, plus revamped meeting space to the tune of 20,000 sq. ft. Updates have also been made to the spa. A Marina Walk cultural and market area debuts early 2016. For more information, visit HawksCay.com.

Romantic seclusion

Newly restored, The Crane re-

sort hotel in Barbados is offering 35 per cent off all rooms from now until July 15 for travel before April 14, 2016. Enjoy private pools, gardens, old-world charm and natural

beauty. Guests staying for a week get additional resort credits. Email reservations@ thecrane.com for details. Booking code: SUM2015.



The sun goes down on Hawks Cay. JASON STEMPLE

The Smartest Mom on the Block



Sand and surfactivities highlight summertime

With an average of 250 days of sunshine a year, any time is good to visit Šan Diego, Calif.

Summer, however, means the chilly Pacific Ocean waters are warm enough for surfing without a wetsuit and the time is ripe to leverage beach

San Diego's coast boasts world-class surfing but also decent waves for the novice.

There are a slew of surf schools. Best bet is to look online or head to neighbourhoods such as Mission Beach or Pacific Beach. Or grab a local craft beer and nachos at the WaveHouse on Mission Beach that hosts competitions of surfers flipping in the air



People stroll down the beach in the La Jolla section of San Diego, Calif. LENNY IGNELZI VIA THE ASSOCIATED PRESS

off its machine-churned pool waves, with a view of the real thing in the Pacific.

Al fresco dining is a mustdo in this city. Check out a farmer's market or make like the locals and grab a bundle

of wood at a grocery store and roast hot dogs at one of the permanent fire pits set up along San Diego's bays.

The pits and their locations actually get reviews on Yelp. THE ASSOCIATED PRESS

Mooseheads star Meier soaks in shine of draft

Swiss winger pledges to ⁷enjoy the moment'



It's Timo's time to shine this

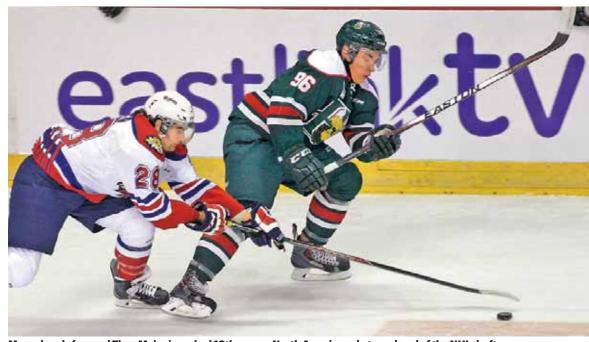
Halifax Mooseheads winger Timo Meier, 18, arrived in Florida on Thursday night, just in time for the 2015 NHL Entry Draft, taking place at the BB&T Center in Sunrise.

The winger from Herisau, Switzerland, was ranked 10th overall by NHL Central Scouting for skaters playing in North American going into this year's

"For sure, I'm happy I was able to jump up those rankings," Meier said shortly after his plane landed. "But at the end, the draft is just the start - there's a lot of hard work to be done to play in the NHL."

Meier has spent two years with the Mooseheads in the Quebec Major Junior Hockey League, tallying 17 goals and 17 assists for 34 points in his rookie 2013-14 regular season.

He jumped to 44 goals and 46 assists for 90 points in his



Mooseheads forward Timo Meier is ranked 10th among North American skaters ahead of the NHL draft. JEFF HARPER/METRO

sophomore 2014-15 regular season, marking solid growth while playing alongside players such as Danish star forward Nikolaj Ehlers.

In fact, Meier led in goals, finished second in points and had a franchise-record 23 power-play goals for the Herd this past season.

"Ĥalifax is really a first-class

organization," Meier said. "I was really able to improve my game in the last two years.'

Meier has represented Switzerland at both the under-18 and under-20 levels, most recently finishing ninth at world juniors in Montreal and Toronto. He was award the 2015 Michael Bossy Trophy as the best professional prospect in the Q-league.

"Capable of playing right wing or centre, the versatile Meier is strong with or with-out the puck," NHL reports describe the six-foot-one,

209-pound player. Meier also "excelled in all situations" while playing on a line with No. 1-ranked Connor McDavid at the 2015 CHL/NHL Top Prospects Gamen according to NHL.com.

But Meier said he's "without expectations" going into this year's draft, which kicks off with the first round at 8 p.m. AT on Sportsnet.

"I'm pretty excited; kinda nervous," Meier said. "But I'm trying to enjoy the moment with my family and all those people who supported me."

IN BRIEF

Five Bluenosers to enter motorsports hall of fame

Five Nova Scotian individuals and one club will be inducted into the Maritime Motorsports Hall of Fame this fall.

The hall announced Wednesday that stock car racing competitor promoter Stan Dicks of Sydney, stock car competitor Michael MacKenzie of Dartmouth, drag racing and go kart competitors Linda and Pat Neal of Fall River, along with sports car builder George Sheppard of New Glasgow, will be honoured at an Oct. 17 event in Dartmouth.

The Classic Chevy Club of Nova Scotia, which is based in Lower Sackville, will also be inducted in this year's ceremony, which is being held in Nova Scotia for the first time.

The Maritime Motorsports Hall of Fame is based in Petitcodiac, N.B., and celebrates its 10th anniversary this year. The ceremony is taking place at he Holiday Inn Harbourview, with tickets available for \$80 per person until Oct. 1.

Amherst goalie lands with **University of Maine**

Amherst netminder Carly Jackson is headed to New

The University of Maine announced this week the 18-year-old backstop will be suiting up for its Black Bears

"Carly is (a) fast, quick, competitive goaltender," Maine coach Richard Reichenbach said in a news

Her "maturity, competitiveness and drive" will help her at the NCAA Division I level, he added.

Jackson already has a plethora of experience playing at regional, national and international levels.

Most recently, she snagged a silver medal with Canada's national women's under-18 team at January's world championship in Buffalo, N.Y. She was also a flag bearer for the Nova Scotian squad at the 2015 Canada Winter Games this past February in Prince George, B.C.

Jackson played for the Cumberland County Blues of the Nova Scotia Junior Hockey League last season.

McDavid ready for milestone moment

For Connor McDavid, this is only the beginning.

And he's eager to see what comes next.

There's no mystery, no drama about what will happen when the Edmonton Oilers make the first pick in Friday night's NHL draft. It's going to be McDavid's moment, as hockey's latest heir apparent — a six-foot-one centre who's already been compared to the game's royalty — takes his first steps in what many expect will be a rapid rise to professional



McDavid GETTY IMAGES

"You only go through the draft process once and it's something you want to savour," McDavid said. "It's something I've been look-

ing forward to for a long, long time. (You're) going to be so happy when you're drafted, but that's when the hard work starts." THE ASSOCIATED PRESS



Reports: Raptors deal Vasquez on draft night

The Greivis Vasquez era in Toronto appears to be over.

The Raptors have traded the backup guard to Milwaukee, according to numerous reports. The Raptors receive the No. 46 and a future first-round pick in

The move frees up a significant amount of cash for this summer's free agency. The 28-year-old from Venezuela was set to make \$6.6 million US next season. THE ASSOCIATED PRESS

Wolves take Towns to go with Wiggins

Thousands of long-suffering Minnesota Timberwolves fans filed into Target Center on Thursday night to see their downtrodden team enjoy a rare moment in the NBA's driver's

They came to see their team select Kentucky big man Karl-Anthony Towns with the No. 1 overall pick, and they did not go home disappointed.

The Wolves wasted little time on Thursday night in Brooklyn, turning in the card almost

cast began to grab the versatile power forward/centre with the first No. 1 pick in a franchise history filled mostly with failure. Now, with Towns joining a

promising young roster that includes reigning rookie of the year Andrew Wiggins, Ricky Rubio, slam dunk champion Zach LaVine and franchise icon Kevin Garnett, there was finally a feeling of optimism in the dusty old arena.

THE ASSOCIATED PRESS

34 WEEKEND, June 26-28, 2015 metr#SPORTS

IN BRIEF

Chile defender's provocations investigated

South American football officials will look into the actions of Chile defender Gonzalo Jara, who was caught on video poking Edinson Cavani's behind to provoke a red card in the Copa America quarter-

Cavani slapped Jara in the face immediately after the Chilean put his hand on him, but the referee punished only Cavani, giving him a second yellow card. While the slap appeared to be light, Jara dropped to the ground with his hand to his face.

THE ASSOCIATED PRESS

Concussions under the microscope

More than 35,000 college athletes and cadets at U.S. service academies are helping researchers write a new, extensive and groundbreaking chapter in the study and tracking of concussions.

With about \$22 million in funding from the NCAA and Department of Defence, the college students have agreed to be monitored over a period of years, even decades, to determine the frequency, severity and cumulative effects of head injuries in their respective

Baseline data has already been gathered on 6,500 students, about 225 of whom have suffered concussions and been evaluated. THE ASSOCIATED PRESS

Hurt, but still in the game

WOMEN'S WORLD CUP

Sesselmann overcomes knee injury to help Canada

The post-practice ice bag on Lauren Sesselmann's knee is a reminder of the veteran defender's painful journey to the Women's World Cup.

At times it has been one step forward, two steps back in her return from anterior cruciate ligament surgery. The 31-yearold has had some missteps at the tournament. But the resilient Sesselmann has bounced back and continues to line up alongside teenage centre back Kadeisha Buchanan in a stingy Canadian defence.

In the tournament opener against China, a giveaway during a passage of erratic play in the first half meant Sesselmann had to convince coach John Herdman to keep her on the field. There were also some hiccups in the round-of-16-game against Switzerland.

Herdman has defended his centre back. But Sesselmann has felt the heat from the media, perhaps unfairly for an athlete who has had to go from zero to a 100 in returning from a serious knee injury at

the sport's biggest showcase. "You hear it here and there," she said of the criticism. "People are always going to have something to say. You can be the best player in the world and they



Canada defender Lauren Sesselmann has clawed her way back into the women's national team lineup after tearing her ACL in training for last year's Cyprus Cup. MINAS PANAGIOTAKIS/GETTY IMAGES

still have something to say. I'm not even worrying about that. I look where I am and how far we've gotten at the tournament and it's kind of that moment where you're just like 'We're here, you're not.'

"This is our team and we're focused on the talk at hand... People can say what they want but we're focused on winning the Cup."

Canada's next challenge is England on Saturday in the quarter-finals at B.C. Place Sta-

now with the NFL's Indianap-

olis Colts, Green is expected

to reclaim his position as the

FIFA says its 2014 Women's Football Survey, which drew responses from 177 of 209 member associations, showed that 30 million women play soccer worldwide. FIFA's goal is have 45 million women playing soccer by 2019.

dium.

Sesselmann tries to see the bigger picture when it comes to being under the spotlight.

"Everybody in this tournament makes mistakes. Even the greatest athlete in the world makes mistakes," she said. "It's part of the game.

"It's how you bounce back

from them. And each game for me has been better and better. My job is to defend and that's

QUARTER-FINALS

FRIDAY

In Montreal Germany vs. France, 5 p.m. In Ottawa

China vs. U.S., 8:30 p.m.

SATURDAY

In Edmonton

Australia vs. Japan, 5 p.m. In Vancouver

Canada vs. England, 8:30

exactly what I've been doing." Canada is tied with the U.S. and Brazil with just one goal

conceded at the tournament. Sesselmann says she has been feeling calmer each time out. And she takes great pride in having made it back to the national team.

two punts for TDs in the East

Division final, and then a 45-

yard TD catch in the Grey Cup

The former NFL star is looking

to resurrect his football career

with the B.C. Lions. Collie had

179 catches for 1,908 yards with

16 TDs over five NFL seasons

with Indianapolis and New Eng-

land Patriots. The Hamilton na-

tive missed extended time in

2010 with a concussion

and nearly all of 2012

the result of a torn pa-

Austin Collie

game.

"This time last year was a

really bad time for me," she said. "And the whole (recovery) process itself, there were tons of highs and lows — mostly lows. So it was a really difficult passage for me.... I look where Î was over a year ago, I'm just so proud of myself and just really excited."

THE CANADIAN PRESS

10 CFL PLAYERS WORTH KEEPING AN EYE ON

With another season starting this week, here's a look at some of the top talent in the Canadian game

Travis Lulay

The 2011 Grey Cup MVP appeared in just one game last season, re-injuring his surgically repaired right throwing shoulder. Lulay, 31, threw for over 4,000 yards in 2011 and 2012. He had 2,841 passing yards in 11 starts in 2013 before being

Bo Levi Mitchell

Mitchell guided Calgary to a CFL-best 15-3 record and league championship, finishing his first season as the starter being named the Grey Cup game MVP. Mitchell threw for over 3,300 yards with 22 TDs and just eight interceptions in 14 starts. Calgary looks to become just the third repeat Grey Cup champion since 1996-97.

3 Darian Durant The Saskatchewan Roughriders

were 8-2 in games Durant started last season but just 2-7 after Durant suffered a season-ending elbow injury. Durant, 32, had 4,154 yards with a career-best 31 TDs and 12 interceptions in 2013, leading the Riders to a Grey Cup championship at Mosaic Stadium.

S.J. Green After three straight 1,000-yard seasons, the veteran slotback had 53 catches for 835 yards and four TDs last year as Duron Carter (75 catches, 1.030

yards, seven TDs) was Montreal's big-play re-ceiver. With Carter Chris Williams The standout receiver/kick-

club's go-to receiver.

175-pound Williams was the Canadian league's top rookie with Hamilton in 2011 before being named its 2012 top special-teams performer. Williams had 153 catches for 2,362 yards and 17 TDs while returning

> show for Hamilton in the playoffs.

tellar tendon. 8 Solomon Elimimian

The Lions linebacker has a tough act to follow. Last season, Elimimian became the first true defensive player to be named the CFL's outstanding player after registering a league-record

143 tackles. He was also its top defensive performer.

Jon Cornish

Despite playing nine regularseason games last year, the Stampeders star claimed a third straight rushing title with 1,082 yards. That earned the New Westminster, B.C., native a third consecutive top Canadian award after being named league MVP in 2013. A 2,000-yard season is possible if Cornish stays

Pierre Lavertu

The first overall pick in the 2014 CFL Canadian draft enter his second year and has some big shoes to fill at centre for Calgary. The six-foot-three, 298-pound Lavertu replaces Brett Jones, the CFL's top lineman last year who's now with NFL's New York Giants. THE CANADIAN PRESS





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Rose Reisman rosereisman.com

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Prep time: 10 minutes Cook time: 23 minutes Serves: 4

Ingredients

- 1 lb ground lean sirloin steak
- 3 Tbsp minced green onion
- 1/4 cup dry seasoned breadcrumbs
- 3 Tbsp barbecue sauce
- 11/2 tsp crushed fresh garlic
- · a pinch of salt and freshly ground black pepper
- 1 egg
- 1 tsp dried basil
- •1 medium red bell pepper cut into four wedges
- · 4 rings sweet large onion (cut into 1/4 thickness)
- · 4 slices zucchini, sliced lengthwise (cut into 1/4 thickness)
- 2 round slices pineapple (1/2

thick, cut into four pieces)

Directions

1. To make the burgers, combine meat, green onion, breadcrumbs, barbecue sauce, garlic, salt, pepper, egg and basil in a large bowl. Mix thoroughly and shape into four burgers. Grill for four minutes per side, or until no longer pink in the centre.

- 2. Meanwhile, grill on barbecue or in a pan, red bell pepper wedges, onion rings and zucchini slices until charred and tender, about 10 minutes. Add pineapple slices and grill for five minutes in total.
- 3. Layer burger with vegetables and pineapple and serve. If preferred, serve with hamburger buns.

Nutrition per serving

- · Calories 280
- Protein 26 g
- Fat 13 g
- · Sodium 253 mg PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

1. Thicket of trees 6. Calendar amounts 11. Deplete 14. Literary adventurer

Mr. Quatermain 15. Georgia of

The Mary Tyler Moore Show 16. Blood-typing letters

17. Andes creature 18. Quantity for Earl Grey? 20. John (Can-

adian host of Food Network's "You Gotta Eat Here!") 22. Castle tower

23. Airport acronym

24. Filmdom's Mr. Eisenberg 25. Advertised-on-

TV record co. 28. Scoundrel 30. Ms. Jordan

34. Like scifi aliens 36. Mr. Yoakam

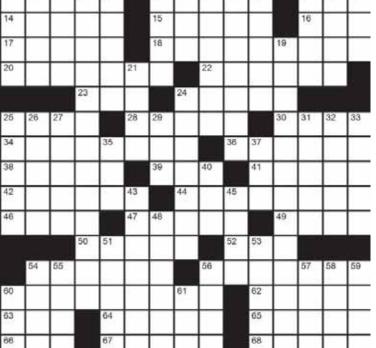
38. "You wanna fight, you'll get a fight!": 2 wds. 39. "_ 2" (2015) starring Mark

Wahlberg 41. Challenger's beginning words... 42. Naval port

44. Hit for #30-Across: "Make You a 46. Blind, as per falconry

of France

47. Island retreat in 1988 hit "Kokomo" 49. Journalist's interest



50. "Kind of _ _ " by The Buckinghams 52. Cottage bed 54. Muscular 56. Harry Potter's pal Ron 60. Porch's lovely-sounds-provider: 2 wds. 62. Zzzzz ...loudly!

63. Cousin of 1960s

64. "Why __?" (How come you won't let me?) 65. Ancient Greek colony 66 Music style Soul

television

67. "Wayne's World" (1992) character Garth

68. Basketball-intonet sound

DOWN

1. Math class, e.g. 2. Stewing pot 3. _ du jour (Restaurant's special)

4. Dutch cartographer (b.1728 - d.1801) who became British

North America's first Surveyor-General in 1764: 2 wds. 5. Pass, as law 6. Abominable

snowman 7. Opposite WSW 8. Types of quartz 9. Withdrew from a court case 10. Music symbols

11. Home free 12. Border on 13. Parliament Hill fig. 19. Donald Suther-land's character in the 'Hunger Games' movies: 2 wds. 21. Not nervous 24 Reetle kind-2 wds. 25. Works with wool 26. From head-27. Occur as a result 29. Muesli tidbit 31. Tequila plant source 32. The Taming of the 33. 'Gang' suffixes 35. Barcelona 'one' 37. Nintendo game console 40. Newbie socialite [abbr.] 43. Spiral-tusked Arctic whale 45. Pretty material 48. Emulating the sun 51. Record label 53. Desert green

54. Locale 55. Go _ detail 56. Figure skater Johnny 57. Ms. Anderson 58. Q. "'__' _ amongst George Clooney's acting gigs, right?" A. "Yeah, he played a doctor" 59. "You betcha!" 60. Succeed 61. Kingston Trio sona

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 You can talk your way out of anything. Your powers of persuasion are second to none. Whether you use this talent wisely remains to be seen but wherever you go this weekend others will be impressed by your words.

Taurus April 21 - May 21 Over the next few days it will become increasingly obvious that the world has moved and you must move with it. Taurus may at times be an inflexible sign but even you know the old way of doing things has had its day.

Gemini May 22 - June 21 Mercury in your sign makes this an ideal time for forward planning, for thinking ahead. What you decide over the next few days will be what you bring into being over the next three or four weeks, so think carefully.

Cancer June 22 - July 23 What do you fear the most? Whatever it is, you must now face up to it and overcome it once and for all Most likely you will discover it really isn't such a nightmare after all.

Leo July 24 - Aug. 23 Your views and opinions are likely to change quite dramatically over the next few days. You will certainly become aware of possibilities that did not occur to you before. Too fixed an outlook is the enemy of progress, so be flexible in your thinking.

Virgo Aug. 24 - Sept. 23 Your attitude towards your work will become a lot more serious over the next few days. Even if you are already successful in what you do you will realize there is so much more you can achieve.

Libra Sept. 24 - Oct. 23 With mind planet Mercury moving through the area of your chart that governs long-distance travel, vou won't be short of offers to expand your horizons. Accept each and every one of them.

Scorpio Oct. 24 - Nov. 22 Something will grab your attention today and captivate you to such an extent that you have little time for anything else. In the short-term that may be no bad thing but try not to let it become an obsession.

Sagittarius Nov. 23 - Dec. 21 You seem to be doing a lot for other people and not so much for yourself. That needs to change. You must learn to say "no" whenever anyone, no matter how close, asks you to do things that you clearly don't enjoy

Capricorn Dec. 22 - Jan. 20 As Mercury moves through the work and health area of your chart you will find plenty of reasons to get busy not least that you fear your reputation will suffer if you don't take a leading role. Don't exhaust yourself though.

Aquarius Jan. 21 - Feb. 19 Nothing is beyond you. All things are possible. According to the planets, you will make even the most difficult of tasks look easy. There is though a danger that you will take on too much and spread yourself too thin. Stay focused on your number one aim

Pisces Feb. 20 - March 20 You must stay true to your beliefs. The more others try to persuade you to change your way of looking at and dealing with the world the more you must dig in your heels and refuse

CONCEPTIS SUDOKU by Dave Green

Every row column and box contains 1-9

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